



# The Arrow

of Pi Beta Phi Summer • 2003

**Eating Disorders —**  
**Are We Dealing With the Real Issues?**

# Perspective



## Dear Pi Phis,

This will be the last Perspective I will write as your Grand President and frankly I have struggled with what to say as my parting words. Although a bit late to do so, I looked up “perspective” in the dictionary. As you would expect there are several definitions, one of which is “capacity to view things in their true relationship or relative importance.”

I will tell you honestly that in this office it is very hard sometimes to keep things in perspective. Several times I have stopped, smiled and remembered what a dear Pi Phi officer friend told me years ago. She said that when she realized she was getting upset about something that happened in her sorority job, she reminded herself that there were billions of people in the world who had never even heard of Pi Beta Phi. I laughed then and have shared her words over the years as I tried to lighten training sessions for new province officers. So forgive my humor and let’s think seriously about the relative importance of Pi Phi.

Within my first few months in this office, we watched the planes crashing into the World Trade Center. In the last few months we watched our brave soldiers returning from the war in Iraq. Has the seriousness of these world events made our Fraternity any less important? My answer is no, quite the contrary. Because of Pi Phi, after 9/11 I nervously

awaited news from Rachel about our Manhattan club members. Because of Pi Phi, more recently I nervously awaited news from Jean about her son being shipped out with his helicopter squadron. Because of Pi Phi, I care about these friends and they make the world seem much smaller.

If, as Webster says, “perspective” also means “to see clearly,” I hope you see clearly that an organization that brings people together, that gives us lifelong friends, that provides us support in times of need, and that through our ritual and ceremonies promotes service to others — such an organization is all the more important in today’s world. Whether that “world” is in the broadest meaning possible, or whether that “world” is a retirement center where an alumna celebrates her 75 years as a member, or whether that “world” is a college campus where a chapter leader benefits from our Values Workshop. Regardless of the extent of your “world,” I feel deeply that it is a better place today because of Pi Phi.

So I guess my parting message would be to tell you that my perspective is that Pi Beta Phi’s relative importance is greater today than it has ever been. As I leave this office I am even more convinced than I ever have been that it is worth every hour I have spent and every dollar I have paid/donated. Hopefully as you try to get things “in perspective” you will come to that same conclusion and you will support this wonderful organization by paying your dues, donating to the Foundation, and giving your time to the extent you can possibly do. Thank you for the honor of serving as your Grand President.

A handwritten signature in black ink that reads "Sis".

Sarah Ruth “Sis” Mullis  
Grand President

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### Copy Deadlines

Fall — June 1  
Spring — November 1  
Summer — April 1

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The ARROW of Pi Beta Phi is published by Pi Beta Phi Fraternity, 1154 Town & Country Commons Drive, Town & Country, MO 63017. POSTMASTER: Send address changes to The ARROW of Pi Beta Phi, 1154 Town & Country Commons Drive, Town & Country, MO 63017.



# Eating Disorders —

## Are We Dealing With the Real Issues?

by Pennsylvania Iota Jessica Setnick

Counting calories; exercising daily no matter what, rain or shine, even if we're sick or in pain; feeling guilty about something we've eaten; thinking life would be better if we dropped a few pounds; skipping a meal, or two... Many of us have done these things at certain times in our lives, without giving them a second thought. But what happens when someone depends on these behaviors to get through the day? To keep their thoughts organized? To numb their mind from painful thoughts and feelings? What happens when someone can't function if any of their eating or exercise routines are disrupted? It is when we do these things to cope with the day, because we can't get through without them, that we have deviated from the "norm" of American body consciousness into the realm of disordered eating.

### What is Disordered Eating?

Disordered eating is a term that describes using external cues to determine eating habits, instead of the internal cues of hunger, fullness and appetite. So many of us were raised with rules like, "Don't eat now! You'll spoil your appetite," and "Clean your plate ... some children don't have enough to eat," that we've forgotten that hunger and fullness are the most reliable guides for what our bodies need to function. Eating is as essential and automatic a function as breathing, yet we try to bend it to our will. Our hunger/fullness spectrum is like a spring — when we push hunger away, it bounces back stronger and stronger, until we eat. If pushed too far, for too long, the spring can break, and we no longer know how to eat. We are at the mercy of each trendy diet or magazine article, in fear of our own body and its signals.

### A Catch-22

For some of us, this dilemma — afraid of food, but unable to survive without it — becomes a trap, a Catch-22 that seems impossible to resolve. The shame of not being able to handle our own eating makes us unwilling to ask for any advice. Everyone else seems to be doing fine. When we cannot function without these fears, rules, and behaviors, or when we do only these things, then disordered eating has become an illness. These illnesses have several names — Anorexia

Nervosa, Bulimia Nervosa, Binge Eating Disorder, Compulsive Eating, Compulsive Exercise – but they all have one thing in common: they hold their sufferer captive in a world of fear and contradiction. This is the terrible predicament facing millions of men, women and children in the United States and around the world. It is time to educate ourselves and act, because eating disorders are not going away.

## A Cover

Eating disorders are almost never just about food, just like alcoholism isn't about people who can't hold their liquor, and suicide isn't about gun control. Eating disorders are a cover, a shield for problems that a person cannot handle and may be denying. If these underlying problems are secret or hidden, it may appear on the surface that the problem is rooted in food. Just because we can't see the source of an eating disorder doesn't mean it isn't there; the difficulty is that for each person with an eating disorder, there is a different set of causative factors.

## Pinpointing the Cause

The causes of eating disorders are not fully known. Researchers studying eating disorders believe that eating disorders originate from a combination of factors, including a stressful environment, a genetic component, and an immediate triggering stimulus. We all have a psychological immune system to protect us from stressors, in the same way that we have a physical immune system to protect us from germs. Our immune system is always in place, even when we don't notice or think about it, and thank goodness, because stress is everywhere in modern life. Most of the time stress does not make us sick, because our immune system can cope with it or alert us to handle it or fight it off. But sometimes our immune system gets weak — an outside or inside stressor, such as a death, divorce, or other life change forces our immune system to function at less than full power. In this weakened state, we are far more susceptible to other stress than usual, and we may look to old habits or new vices to compensate. Add the fact that certain genes may allow food

## If An Eating Disorder Could Speak



Kansas Alpha new member Elisa McCall kept a detailed journal of her struggle with her eating and self image. Below is an excerpt from her journal, reprinted with permission of the McCall family.

Dear Elisa,

I am your eating disorder. I am your excuse, your outlet for pain ... I make you isolate and forget your problems. I numb your feelings and make you warm inside. I protect you from the world which can be so bitter and heartless. I make you miss out on the "precious present." I make you sick, I make you cry. I make you crazy. I make nothing else matter. And if you don't let go, I will make you die.

You've taken everything I've said so seriously ... from the first time I spoke to you ... "Suck in your tummy! They're watching you ... No one is going to like you if you don't have a perfect body. The perfect figure is the key to popularity and success ... Perfect thighs aren't supposed to touch." I labeled foods good and bad. Anything fried, greasy or sweet I told you wasn't for ladies. I've been making comments every minute for the last six years. I've told you you're fat and worthless ... disgusting and ugly ... I've told you no guy would ever like you because you're fat. I've made you believe that no one would date you unless the scale read a certain amount.

I've told you you're a failure and a disappointment to your parents ... I've said the most horrible things anyone has ever said to you and you've listened as if I were God. You've taken it all to heart and let it shape and mold who you are today. I control your life. In order to get rid of me, you must stop listening to my terrible voice. You must stop believing what I say. My advice has gotten you nowhere. You need to realize you have given me complete control and then you must take back what is rightfully yours. You must stop using me for protection and excuses. In order to get rid of me, you must stand up for yourself and stop waiting for my acceptance ... for I will never approve. It is possible for you to live without me. You must find your own identity and become your own person.

Signed  
Your eating disorder

*Elisa McCall lost her battle with her eating disorder in 1996, at the age of 20. In one of her final journal entries, she wrote, "Hopefully a message will be sent out to society, pleading with it to pay attention to depression, alcoholism, food addiction ... with my death, hopefully I will touch more lives than I ever could have alive." Because of this last wish, her father, Rick McCall, and stepmother, Leslie McCall began a mission to raise awareness of eating disorders and their devastation, in an effort to destigmatize and ease the search for treatment for those who are suffering. This mission has become known as The Elisa Project, the only organization of its kind dedicated to educating health professionals and educators regarding the latest prevention and treatment methods, and bringing educational programs, support groups, and resources to the Dallas, Texas community. For more information about Elisa McCall or The Elisa Project, visit [www.theelisaproject.org](http://www.theelisaproject.org). To bring The Elisa Project to your community, please contact Tanya Copple at (214) 369-5222 or [theelisaproject@airmail.net](mailto:theelisaproject@airmail.net).*





and exercise to be as mood-altering as alcohol, drugs, nicotine, and sex ... and it becomes clear why eating disorders can feel like a successful escape method.

The environment we live in provides both a stress-induced weakening of our coping abilities and a dangerously tempting solution. On a daily basis we are flooded with mixed messages broadcasting conspicuous consumption interspersed with fears about basic survival. The contradiction is evident to a sensitive thinking person, and extremely difficult to process. It is often easier to contract our thoughts to include only our immediate surroundings, so we don't have to face or feel the confusion. When stress reaches into those closer areas, it can be tempting to withdraw even further into the safety of personal weight or eating goals. The value of such goals is reinforced by messages that thin, beautiful people don't have the same problems we face, so if we become thin, we will feel better, too. The danger of this line of thinking is that losing weight doesn't change the current economic climate, create peace in the middle east, or make our parents get along. So we convince ourselves if we still feel bad, we need to lose more weight. When the underlying stress is never addressed, eating disorders take hold and don't let go. The desire to lose weight often has less to do with being overweight than with not wanting to be ourselves.

### Perfectionism, Hypersensitivity & Martyrdom

So why aren't we dealing with the issues? Many of us are conditioned to keep our feelings inside, to only share that which is good in our lives. When we try to change our bodies instead of our minds, we are encouraged, applauded, and told we are doing the right thing. In this culture, it is difficult to independently realize that weight is not the issue, and controlling it is not the answer. Research shows that the qualities that predispose us to eating disorders are the same qualities that are prized in our culture. Perfectionism, so often linked to eating disorders, is "just" an extreme form of trying to be the best you can be. But it makes many of us live in fear that someone might find out we are not really perfect inside. Hypersensitivity is just an extreme form of caring for others and working to make the world a better place. But it makes many of us feel responsible for fixing the world singlehandedly, clearly an impossible task. Martyrdom is just an extreme form of putting others before ourselves. But it makes some of us push away our own physical and emotional needs because it would be "better" for our family or friends.

We must learn to look at eating problems as symptoms of other, underlying issues, and with compassion and courage, help those suffering to reclaim their lives.

*Special thanks to Pennsylvania Iota Jessica Setnick, MS, RD/LD, for volunteering her time to write this feature. Jessica is a registered dietitian specializing in the treatment of eating disorders. A nationally-recognized expert in child feeding and eating issues, Jessica works with children and adults through her private practice, Understanding Nutrition, located in Dallas, Texas. In addition to writing a brochure for parents of teens with eating disorders and a weekly newspaper column, Jessica speaks frequently to professional and community groups about preventing and treating eating problems. She has recently launched a series of training sessions for health professionals called Eating Disorders Boot Camp. You can reach Jessica at [jessicasetnick@aol.com](mailto:jessicasetnick@aol.com).*

## How Do I Know If I Need Help?

If you are struggling with your own eating or feelings about your weight and shape, you can get help — even if you don't have an eating disorder.

Do any of these statements describe how you feel?

- I think my diet is out of control.
- I feel out of control when I eat.
- I feel scared around food.
- I am scared that if I eat normally I will gain weight.
- I am scared that I am fat but no one is telling me.
- I want to lose weight so people will like me more.
- I throw up sometimes after I eat.
- I throw up almost every time after I eat.
- I skip meals a lot or throw my lunch away.
- I don't eat the foods I used to like because they're fattening.
- I will not miss a day of exercise.
- I am scared to miss a day of exercise.
- I have lost more than 5 pounds this month.
- I think about food so much that it is interfering with my life.
- I spend my day thinking about where, when, and what I will eat.
- I like to think about food all the time, it is the best part of my life.
- I think I need help but I'm scared.

If you agree with any of these statements, there is someone to help you.

A dietitian can help you ...

- change negative eating habits or disordered eating patterns,
- improve general health through nutrition,
- follow a medical diet or a diet for a nutrition-related illness,
- improve athletic performance; strength, endurance, body composition,
- if your child is a picky eater or not growing well,
- when you suspect someone has an eating disorder but is not ready to admit it.

A mental health professional (psychologist, psychiatrist, or counselor) can help you ...

- with relationship or family problems,
- with depression, anxiety, and other emotional difficulties,
- when behaviors are out of control, such as eating, violence, or substance abuse,
- to handle stress,
- after a traumatic event.

Remember, an evaluation with a dietitian or therapist is just one appointment. If you do not feel comfortable with a dietitian or therapist that you meet with, there are many others.

If you hesitate to call a dietitian or mental health professional, consider bringing this checklist to your doctor, nurse, minister, rabbi, school counselor, or someone you can trust.

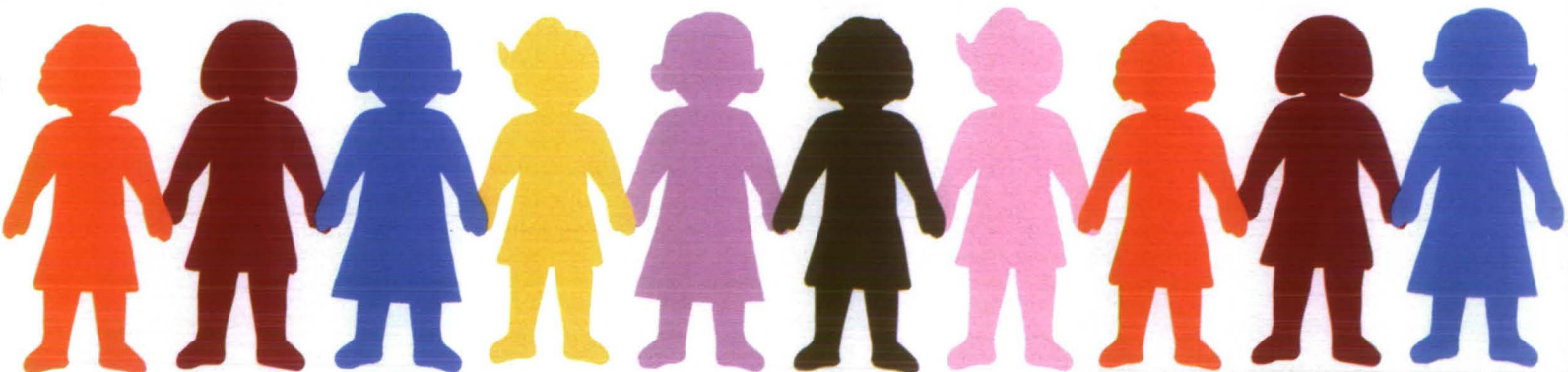
Please call 911 if an individual is a danger to him/herself or others.

### Web sites for Eating Disorders Information and Resources

[www.theelisaproject.org](http://www.theelisaproject.org)  
[www.afterthediet.org](http://www.afterthediet.org)  
[www.somethingfishy.com](http://www.somethingfishy.com)  
[www.mirror-mirror.org](http://www.mirror-mirror.org)  
[www.gurze.com](http://www.gurze.com)  
[www.edreferral.org](http://www.edreferral.org)  
[www.nationaleatingdisorders.org](http://www.nationaleatingdisorders.org)

### How to find a professional in your area

[www.eatright.org](http://www.eatright.org)  
[www.edreferral.org](http://www.edreferral.org)



## What is Pi Phi doing about eating disorders?

This spring the Fraternity distributed an Eating Disorders Guide to each of our collegiate chapters. The guide was compiled by Pi Beta Phi Risk Management Officer Michelle Murrell Willbanks. Included in the guide are facts and statistics as well as how to help a friend with an eating disorder. The following are excerpts from the guide.

### Facts & Statistics

#### The Drive for Thinness

- 42 percent of 1st–3rd grade girls want to be thinner
- 81 percent of 10-year-olds are afraid of being fat
- The average American woman is 5'4" tall and weighs 140 pounds. The average American model is 5'11" tall and weighs 117 pounds

#### Anorexia

- Anorexia is the #1 cause of death among young women
- One in every 100 women suffers from anorexia
- 60 percent of anorexics develop some or all symptoms of bulimia
- The mortality rate for anorexia is higher than any other psychiatric disorder

#### Bulimia

- Up to 19 percent of college aged women in America are bulimic
- Often, people struggling with bulimia nervosa will appear to be of average body weight
- Many people struggling with bulimia nervosa recognize that their behaviors are unusual and perhaps dangerous to their health

#### Dieting

- 51 percent of 9 and 10-year-old girls feel better about themselves if they are on a diet
- 91 percent of women recently surveyed on a college campus had attempted to control their weight through dieting, 22 percent dieted "often" or "always"
- 95 percent of all dieters will regain their lost weight in 1–5 years

### General

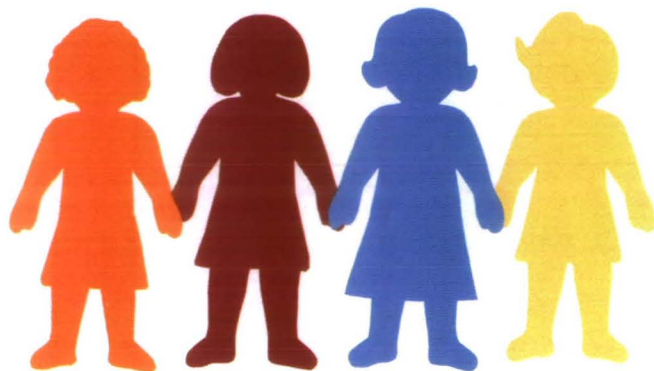
- The most common age of eating disorder onset is between 11–18
- 90 percent of those who have eating disorders are women between the ages of 12 and 25
- 80 percent of the female population has dieted before the age of 18
- According to a recent study, over 1/2 the females between the ages of 18–25 would prefer to be run over by a truck than be fat, and two-thirds surveyed would rather be mean or stupid

### Consequences

- About 72 percent of alcoholic women younger than 30 also have eating disorders
- In one study, researchers asked women to reduce their caloric intake by 50 percent. After 15 weeks, the activity of their natural killer cells (a part of the immune system that combats viruses) fell 20 percent
- Women with well-defined abdominal muscles (a six-pack) may have as little as six percent fat. The healthy range is 15–23 percent. The resulting estrogen loss can cause osteoporosis, even in 20-year-olds

### What You Can do Today to Prevent Eating Disorders

1. Commit to changing the way you think about food, eating, bodies and weight. Try to catch yourself before you comment on weight, shape, body size, or what someone else is eating.
2. When someone you know is feeling bad about him or herself, listen without judging or trying to take away the feeling. If asked for advice, suggest healthy ways of expressing feelings or taking a break, such as writing down painful thoughts, art of any kind, or listening or creating music, rather than trying to change outside appearance or weight.
3. Encourage children to use hunger and fullness cues to guide their eating, rather than what we think they should eat.
4. Seek help for any child with eating problems, and encourage any adult who is struggling with weight, eating, or body image to consult a professional.
5. Support organizations working to combat eating disorders in your community.





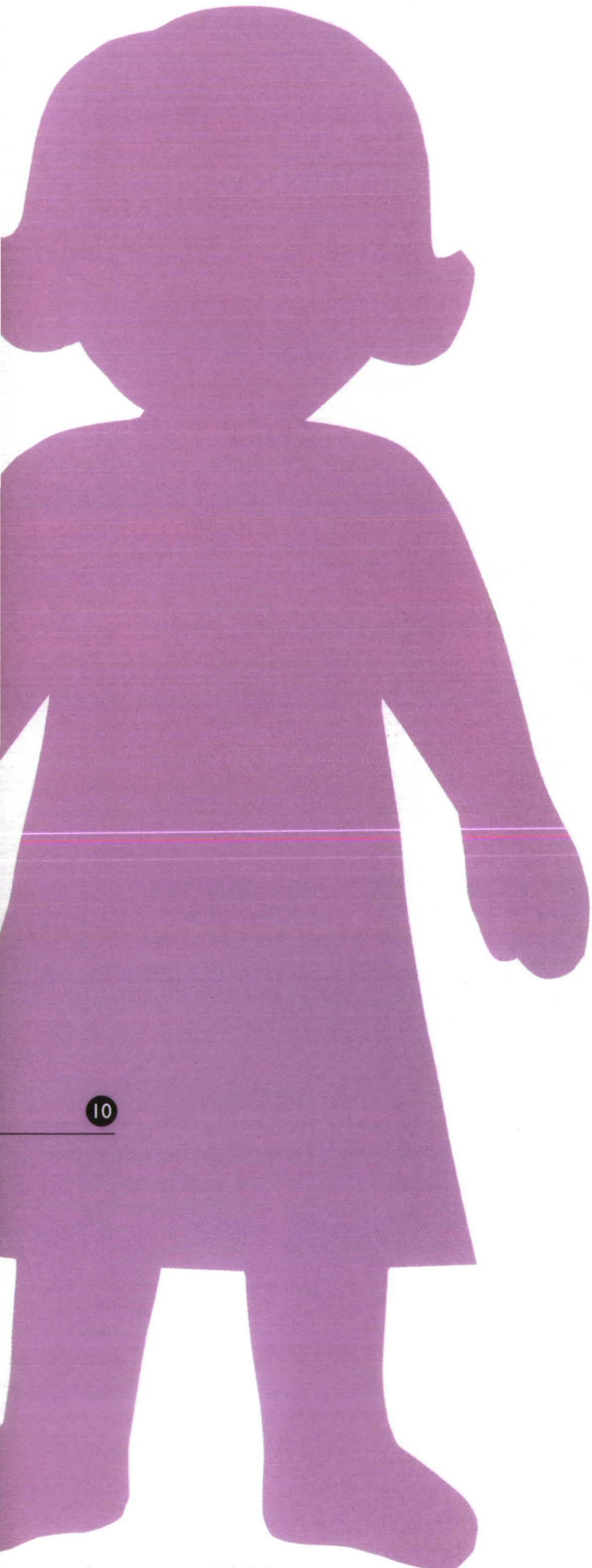
## Tips for Family Members and Friends

People often find it difficult to “confront” someone who might have an eating disorder. The difficulty in approaching someone may be due to the shame and secrecy often associated with the disorder. It may be due to having limited understanding about eating disorders. The following guidelines are for you when you try to offer help.

1. Learn more about eating disorders. Knowledge is power. The person you are about to help will sense and appreciate your sensitivity and understanding, if you know what it is like for her to have an eating disorder. You can find information at your campus Counseling Center, Health Education Services, Student Health Services. You can also request a consultation with a professional from these offices to find out effective ways to assist the person.
2. Realize that you are in exceedingly difficult circumstances. Sometimes, you may feel angry, frustrated, helpless, afraid, or powerless. Your loved one or friend may seem helpless at certain times and at other times stubborn and resistant. Naturally, you might seem confused or distraught.
3. Accept the fact that there are no quick or easy answers or cures to an eating disorder. Psychotherapists and physicians cannot work “magic.” If your friend is to recover, then she must make changes in attitudes and behaviors. Also, family and friends may have to be willing to make some attitude and behavior changes to accommodate your friend's new insights and growth.
4. Collect concrete information. Pay attention to evidence of at-risk behaviors, such as purging, skipping meals, compulsively exercising, and abusing laxatives and/or diet pills. Also, observe signs of distress such as depression, irritability, complaining of being tired and weak, and difficulty concentrating. Be as objective as you can in this data collecting process.
5. Invite the person for a private talk. Once you think you have enough concrete information from your own observations or others' reports and/or you have consulted with a professional, invite the person for a private talk. Stay with the facts/behaviors you have observed. For example, “I noticed that you have complained about feeling weak for the past two weeks, I was informed that you tend to exercise for hours within a day,” or “It is my observation that you appear distressed.” Use “I” statements to avoid any feeling of

accusation from the person. Avoid blaming and making accusations such as “You have caused a lot of concern among people who care about you” or “You definitely have an eating disorder.”

6. Gently ask if she thinks help is needed. You may say, “Based on my observations, I am concerned about your health and well-being. I am not sure if you have an eating disorder or any other concern, but a professional would be able to tell better. Would you consider getting help? If so, I will help you to get in touch with someone.” You would be surprised that people suffering from eating disorders may be ready to get help as soon as you reach out to them. On the other hand, they might deny having any problems; in this situation, you cannot do much beyond what you have done. Stay firm, caring, and supportive no matter what the outcome.
7. Help your friend get into therapy. Learn as much about eating disorders programs available in your area. Offer information to the person about eating disorder treatment programs. Offer to go with them to talk with a professional about your concerns. Do not hesitate out of fear that she will hate you or become increasingly ill. If she is over 18, you need to admit that you may have no control over whether she will or will not get into therapy.
8. If help is rejected, don't feel discouraged. Denial is a common obstacle to any recovery. As long as you have expressed your concern, allow the person time to consider what you have discussed. She will return to you at some point when she is ready for help. If you are unsure about the seriousness of the situation or if further action is needed, seek consultation.
9. Know your limits. You may continue to feel concerned for the person whether or not she goes for help. Remain open and available if she needs to talk to you, but do not overextend yourself and your time. Provide your friend with support and encouragement but also take care of yourself. Do not sacrifice yourself for your loved one/friend. You accomplish nothing except feeling emotionally drained and resentful. If you find yourself feeling overwhelmed or drained as a result of helping others, please feel free to seek consultation from a professional.
10. Recognize how powerful an eating disorder is — remember that it is an illness.



## A Leader in the Field



New York Delta Monika Woolsey, MS, RD is a leader in the budding field of eating disorders and neuroendocrinology (the study of brain chemistry). Her two companies, A Better Way Health Consulting, Inc. and After the Diet Network, provide resources to professionals and individuals seeking help and education regarding a variety of health issues. She has come a long way from her days with pledge sisters posting all of their rejection letters on the wall of the Pi Phi chapter house. Between hosting her educational Web site, [www.afterthediet.com](http://www.afterthediet.com), writing and publishing an exhaustive list of informational pamphlets and books, and planning a symposium on infertility and polycystic ovarian syndrome in both English and Spanish, Monika found time to answer our questions about eating disorders.

What drew you to the eating disorders field?

I didn't seek out eating disorders, eating disorders found me! I found soon into my career as a dietitian that despite living in one of the most nutritionally educated countries on the planet, Americans struggle with food in a way that nutrition as a science doesn't fully explain. I nearly left the field out of frustration over not being able to help people who were coming to me. I took a job at an eating disorder treatment center in Arizona as a way to relocate closer to home. Once I got there and started working alongside psychiatrists and a variety of therapists, I realized that simply nourishing our bodies doesn't solve food problems, because our brains have a lot of influence over food choices and behaviors, too. This realization renewed my interest in nutrition and triggered my interest in neuroendocrinology, the science that connects the mind and body with food.

Why do you think people have such a hard time addressing eating disorders as an issue?

Technically, eating disorders are psychiatric illnesses, and we have difficulty talking openly about many psychiatric diagnoses. They are caused by variations in brain and nervous system structure and function, but unfortunately we often misinterpret them as variations in character or intelligence. This causes the misconception that someone can just "take control" and make the symptoms go away with willpower, instead of the understanding that they should be treated as deliberately as high cholesterol or diabetes.

How will eating disorders treatment improve in the next 20–25 years?

Within the last few years, advances in the field of neuroscience have provided new opportunities to understand eating disorders. Previously, it was impossible to test brain function because we had no ways to look inside the nervous system of a living being. With the invention of noninvasive diagnostic tools such as PET scans, we are learning about how the brain works. Once we understand why a brain becomes dysfunctional, then we can figure out how to treat and possibly prevent these dysfunctions.

The ARROW invites comments about the magazine, its articles or any other topic of interest to our readers. In order for your letter to be published, please include full name, address and chapter of initiation. Letters may be edited for style, clarity and length. Send comments to 1154 Town & Country Commons Drive, Town & Country, MO 63017 or e-mail editor@pibetaphi.org.

# From the Reader



My name is Kristin Carley, an Arizona Alpha Alumna 2002. I see this month you inserted a picture in *The ARROW* of Wilma the Wildcat with the Pi Phis. Well, this has been a secret for two years — I was Wilma the Wildcat! It is tradition at the University of Arizona to keep the mascots a secret so even my Pi Phi sisters didn't know until I revealed myself to them last Spring, 2002. Anyway, I thought it was ironic that the caption read, "Wilma the Wildcat," and really, Wilma is a Pi Phi, too! Thank you!

**KRISTIN CARLEY**  
ARIZONA ALPHA  
MONARCH BEACH, CALIFORNIA

Just wanted to say how much better the new issue is. The extra color gives the magazine "life," and the scope and content of the article about the new Headquarters would make every Pi Phi want to go there! Good job.

**JANE McMICKEN WHITNEY**  
WASHINGTON BETA  
DALLAS, TEXAS

Please accept my sincere thanks for the nice reminder that I have been a happy Pi Phi for 75 years. Being an army wife and moving a lot, I've had the opportunity to meet several Pi Phi groups. Thank you.

**NINA HILL PARKER**  
MINNESOTA ALPHA  
TUCSON, ARIZONA

Recently, Pi Phis from three different colleges visited New York City. This adventure all began with Carol Morrow White Smith moving from California to Idaho. She and I were employed at the same company. After discovering we were both Pi Phis, we started attending local alumnae meetings together. Carol moved to Yardly, Pennsylvania to get married after being divorced for 28 years. She joined the local alumnae club. It was there she met Dr. Kyle Mattmuller Harmon. I recently went to visit Carol, and the three of us spent the day in New York City. Three people from very different backgrounds and colleges joined by Pi Beta Phi. Join your local alumnae club!

**CHRISTINA STRICKLAND WALTERS**  
IDAHO ALPHA  
MERIDAN, IDAHO

I recently graduated from Ball State University and as the excitement of graduation rolled around I forgot that when I left these walls that I would not be able to take my sisters with me. As the weeks passed by I was overcome with mixed emotions about my upcoming graduation and consequential departure from school. In a perfect world I would've been able to pack up all of my closest friends with me and taken them everywhere. However, it's not a perfect world and like all great events my time at Ball State and my time spent with my friends had to end.

It's been almost a year since I left school. I still keep in touch with a lot of my sisters and travel a lot to visit them. The times we spent together are precious moments forever a part of me and who I have become. They taught me a lot about myself and who I could be and gave me the confidence to accomplish anything I put my mind to. I know now that angels walk among us because these women were the angels by my side in some of the most trying times of my life. These women were there to laugh and I'm talking about the kind of laughter that draws pain to your side and tears to your eyes.

It's hard sometimes to believe we're all in different city and states and sometimes I close my eyes and I'm back at my house sitting on my couch laughing about days past, dreaming about our time to come and surrounded by the best of friends.

**SARAH PEPPER**  
INDIANA ZETA  
EVANSVILLE, INDIANA

# Membership

## Recruitment & Legacies

### Who is a Pi Phi Legacy?



Tennessee Beta initiate Alice Holden Humphrey with her grandmother Oklahoma Beta Mary Alice Holden Conner, and her mother Oklahoma Beta Mary Alice Conner Alleger.

“A legacy is a daughter, sister or granddaughter of a member.” It is the responsibility of each chapter to determine if it also wants to consider step-daughters, step-sisters and great-granddaughters as legacies. A legacy often brings a rich heritage to our Fraternity through a supportive family and a lifelong understanding of Fraternity values. Grand Council encourages chapters to give special attention to legacies whose academics, school and community activities, community service and leadership are comparable to those of other potential new members. Legacies are given special consideration in the membership selection process.

It is important to understand that membership is by mutual selection. As the number of women participating in recruitment increases on many campuses, so does the number of legacies. Many times there are more legacies participating in the recruitment process than chapter quota allows. It is the responsibility of chapters to select the members who they determine will enhance their chapter. It is also the privilege of a potential new member to select the group she feels is best for her. When a legacy is pledged to a Pi Phi chapter it benefits the chapter, the family and the Fraternity!

#### NPC Vocabulary

Recruitment — formerly rush  
Potential New Member — formerly rushee  
New Member — formerly pledge

### Preparing legacies for recruitment in 2003 ...

Alumnae have a responsibility to educate legacies about the recruitment experience and about the Greek system. It is advisable that the potential new member feel free to pledge the chapter on her campus where she is most comfortable. She should enter recruitment with an open mind, look at all Greek groups where she may have an affinity and select the group that is best for her. It would be wonderful if that group were Pi Phi and membership could be extended to every legacy, but that is not realistic today. Hopefully family members understand the emotional issues faced during the recruitment process and do not place undue expectations on the legacy or the chapter. The Greek system has many advantages for its members. Those benefits will be best realized when a potential new member has the opportunity to make her own choice. Knowing a legacy has made the decision that best suits her will bring joy and happiness to all on Bid Day.

It is important that our chapters know our Pi Phi legacies. To ensure this happens please complete the form on the following page and send it to the Chapter Membership Chairman.

### The chapter and its responsibility ...

Chapters have the responsibility of following Pi Beta Phi policies on legacies. These policies include:

- The Chapter Membership Chairman shall inform the chapter of all potential new members known to be Pi Beta Phi legacies.
- A legacy shall be invited to at least one invitational round of recruitment.
- A legacy who attends a preference party shall be placed on the first bid list.

The chapter must remember the legacy brings an innate dedication, support, and commitment to Pi Phi. Again, everyone benefits when a legacy is pledged — the chapter, the legacy, the family, and the Fraternity.

# Membership

## Recruitment & Legacies

### How You Can Help with Recruitment

#### What to send

- Fill out a Recruitment Information Form (RIF) on any prospective potential new member you wish to sponsor for membership in Pi Beta Phi. See form on page 18. The form may be copied or additional forms are available from Headquarters, 1154 Town & Country Commons Drive, Town & Country, MO 63017, (636) 256-0680. You can also find the RIF at [www.pibetaphi.org](http://www.pibetaphi.org).
- Return the completed form to the Chapter Membership Chairman of the appropriate chapter. Collegiate chapters and Chapter Membership Chairmen are listed in this issue of *The ARROW* beginning on page 15.
- Please send the RIF early. Complete information about the potential new member's qualifications is essential. If possible, send a picture of the potential new member.
- Although only one RIF is needed for each potential new member, letters are welcome from all alumnae who may wish to write and offer their comments.
- If you know of a legacy going through recruitment, please fill out the Legacy Introduction Form found below. The Legacy Introduction Form **does not** take the place of a RIF.
- Save the Summer issue of *The ARROW* with all 2003-04 recruitment information. This information **will not** be repeated.

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## Legacy Introduction Form

This form is provided as a convenience for Pi Phi alumnae to introduce legacies to collegiate chapters. Please complete the following to ensure that the chapter is aware of your legacy. Return this form to the Chapter Membership Chairman of the appropriate chapter. Please remember this introduction **does not** take the place of a Recruitment Information Form.

Date: \_\_\_\_\_ Chapter: \_\_\_\_\_

College or University: \_\_\_\_\_

This is to inform you that my:  granddaughter  daughter  sister  other: \_\_\_\_\_

Name: \_\_\_\_\_

From: \_\_\_\_\_

Will be/is a student on your campus as a:  Freshman  Sophomore  Junior  Senior

Her school address (if known) will be/is: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Signed: \_\_\_\_\_  
Name (First, Maiden, Last) Year & Chapter of Initiation

# Recruitment Information Form (RIF)

To be used by Pi Beta Phi alumnae only

- This form may be copied.
- Include a picture of potential new member if possible.
- Send this form directly to the Chapter Membership Chairman (CMC) or process through your Alumnae Club Recruitment Information Chairman (ACRIC) if potential new member is from the same area. For addresses of CMCs, consult pages 15–18 in this issue of The ARROW. **Do not** send this form to Headquarters.

Name of Potential New Member \_\_\_\_\_ Attending \_\_\_\_\_ College \_\_\_\_\_

Home Address \_\_\_\_\_  
Street City State Zip

Year in College:  Freshman  Sophomore  Junior  Senior

If transfer student: College attended \_\_\_\_\_ College GPA \_\_\_\_\_

High School attended \_\_\_\_\_  
Name City State Zip

Class Size \_\_\_\_\_ Rank \_\_\_\_\_ GPA \_\_\_\_\_ SAT/ACT (if known) \_\_\_\_\_

Parent or Guardian \_\_\_\_\_

Pi Beta Phi Relatives \_\_\_\_\_  
(sister, mother, grandmother)

Other Greek Affiliated Relatives \_\_\_\_\_

Please check ONE of the following:

Wish to highly recommend  Wish to recommend

Please check ONE of the following:

Known personally by an alumna (if so, how long?) \_\_\_\_\_

Only factual information included. Source of information \_\_\_\_\_

Other \_\_\_\_\_

Signed \_\_\_\_\_  
Individual Pi Beta Phi Alumna

Address \_\_\_\_\_  
Street City State Zip

Telephone \_\_\_\_\_ Date \_\_\_\_\_  
Area Code Number

LIST SCHOOL AND COMMUNITY ACTIVITIES AND HONORS: (Attach another sheet if needed.)

Comment on special interests, talents, leadership qualities, personality.

# Chapter Membership Chairmen

Chapter Addresses, Recruitment Dates and Chapter Membership Chairmen for 2003-04

Recruitment dates: Early = 1-15 of the month

Late = 16-31 of the month

## Alabama

### ALABAMA ALPHA, BIRMINGHAM-SOUTHERN COLLEGE

Danica Turner  
BSC Box 549110  
Birmingham, AL 35254  
Early September

### ALABAMA BETA, UNIVERSITY OF ALABAMA

Molly Jasper  
847 Magnolia Drive  
PO Box 11067  
Tuscaloosa, AL 35486  
Early September

### ALABAMA GAMMA, AUBURN UNIVERSITY

Laura Cunningham  
Boyd Hall — Dorm J  
Auburn, AL 36849  
Early August

## Arizona

### ARIZONA ALPHA, UNIVERSITY OF ARIZONA

Maggie Ryan  
1035 North Mountain Avenue  
Tucson, AZ 85719  
Late August

### ARIZONA BETA, ARIZONA STATE UNIVERSITY

Nicole Zukowski  
739 East Apache  
Tempe, AZ 85281  
Early September

### ARIZONA GAMMA, NORTHERN ARIZONA UNIV.

Kathryn Mulchay  
PO Box 6036  
Flagstaff, AZ 86011  
Late August

## Arkansas

### ARKANSAS ALPHA, UNIVERSITY OF ARKANSAS

Chelsea Streachek  
502 West Maple  
Fayetteville, AR 72701  
Late August

### ARKANSAS BETA, UNIVERSITY OF ARKANSAS, LITTLE ROCK

Jessica Goodwin  
3117 South Taylor Street  
Little Rock, AR 72204  
Early September

## California

### CALIFORNIA ALPHA, STANFORD UNIVERSITY

Natalie Haddox  
517 Cowell Lane  
Stanford, CA 94305  
Early April 2004

### CALIFORNIA BETA, UNIV. OF CALIFORNIA, BERKELEY

Molly Brady  
2325 Piedmont  
Berkeley, CA 94704  
Late August

### CALIFORNIA GAMMA, UNIV. OF SOUTHERN CALIFORNIA

Aili Riley  
667 West 28th Street  
Los Angeles, CA 90007  
Late August

### CALIFORNIA DELTA, UNIV. OF CALIFORNIA, LOS ANGELES

Amanda Botelo  
700 Hilgard  
Los Angeles, CA 90024  
Late September

### CALIFORNIA EPSILON, SAN DIEGO STATE UNIV.

Kristen Kejonen  
5080 College Place  
San Diego, CA 92115  
Late September

### CALIFORNIA ZETA, UNIV. OF CALIFORNIA, SANTA BARBARA

Lyndsey Carroll  
763 Camino Pescadero  
Goleta, CA 93117  
Late September

### CALIFORNIA ETA, UNIV. OF CALIFORNIA, IRVINE

Christine Aure  
218 Arroyo Drive  
University of California, Irvine  
Irvine, CA 92612  
Early October

### CALIFORNIA THETA, UNIV. OF CALIFORNIA, DAVIS

Jenna Holthouse  
445 Russell Boulevard  
Davis, CA 95616  
Late September

### CALIFORNIA IOTA, CALIFORNIA STATE UNIV., CHICO

Megan Adams  
413 West Fourth Street  
Chico, CA 95926  
Early September

### CALIFORNIA KAPPA, UNIV. OF CALIFORNIA, SAN DIEGO

Danae Brandt  
7770 Regents Road #238  
San Diego, CA 92122  
Early October

### CALIFORNIA LAMBDA, UNIV. OF CALIFORNIA, RIVERSIDE

Angelina Galante  
1020 Linden Street #12  
Riverside, CA 92507  
Early October

### CALIFORNIA MU, PEPPERDINE UNIVERSITY

Erin O'Connor  
24255 Pacific Coast Highway  
c/o Campus Life, Pi Beta Phi  
Malibu, CA 90263  
Late September

### CALIFORNIA NU, LOYOLA MARYMOUNT UNIV.

Alexis Rodriguez  
1 LMU Drive, MS.2659  
Los Angeles, CA 90045  
Late January 2004

## Colorado

### COLORADO ALPHA, UNIVERSITY OF COLORADO

Lindsey Rosen  
890 11th Street  
Boulder, CO 80302  
Early September

### COLORADO GAMMA, COLORADO STATE UNIV.

Maren Lettin  
625 West Lake Street  
Fort Collins, CO 80521  
Early September

### COLORADO DELTA, COLORADO SCHOOL OF MINES

Jessica Evans  
910 13th Street  
Golden, CO 80401  
Late August

### COLORADO EPSILON, UNIVERSITY OF COLORADO, COLORADO SPRINGS

Josie Moran  
1420 Austin Bluffs Parkway  
Colorado Springs, CO 80918  
Early September

## Connecticut

### CONNECTICUT ALPHA, UNIV. OF CONNECTICUT

Jessica Craib  
10 Whitney Road  
Storrs, CT 06268  
Early September

### CONNECTICUT BETA, YALE UNIVERSITY

Sandy Mong  
PO Box 202319  
New Haven, CT 06520  
Late September

## Florida

### FLORIDA ALPHA, STETSON UNIVERSITY

Jennifer Krenzer  
421 Woodland Ave., Box 8237  
DeLand, FL 32720  
Early October

### FLORIDA BETA, FLORIDA STATE UNIVERSITY

Sidney Trotman  
519 West Jefferson Street  
Tallahassee, FL 32301  
Late August

### FLORIDA DELTA, UNIVERSITY OF FLORIDA

Danielle Lind  
37 West Fraternity Row  
Gainesville, FL 32603  
Late August

### FLORIDA EPSILON, UNIV. OF CENTRAL FLORIDA

Elizabeth Harris  
4304 Greek Park Drive  
Orlando, FL 32816  
Early August

## Georgia

### GEORGIA ALPHA, UNIVERSITY OF GEORGIA

Julie Johnson  
886 South Milledge Avenue  
Athens, GA 30605  
Early August

## Idaho

### IDAHO ALPHA, UNIVERSITY OF IDAHO

Carla Munson  
Pi Beta Phi  
PO Box 3028  
Moscow, ID 83843  
Early August

# Chapter Membership Chairmen

## Illinois

### ILLINOIS ALPHA, MONMOUTH COLLEGE

Jaime Steens  
318 North 9th Street  
Monmouth, IL 61462  
Late August

### ILLINOIS BETA-DELTA, KNOX COLLEGE

Susan Taylor  
Knox College Box 1737  
396 South Academy Street  
Galesburg, IL 61401  
Early October

### ILLINOIS EPSILON, NORTHWESTERN UNIV.

Gretchen Hageman  
636 Emerson Street  
Evanston, IL 60201  
Early January 2004

### ILLINOIS ZETA, UNIVERSITY OF ILLINOIS

Sara Kistner  
1005 South Wright Street  
Champaign, IL 61820  
Late August

### ILLINOIS ETA, MILLIKIN UNIVERSITY

Ashley Osmond  
235 North Fairview  
Decatur, IL 62522  
Late January 2004

### ILLINOIS THETA, BRADLEY UNIVERSITY

Melissa Lucnik  
1004 North Institute Place  
Peoria, IL 61606  
Early September

### ILLINOIS IOTA, ILLINOIS STATE UNIVERSITY

Sheila Barrett  
709 West College Avenue  
Normal, IL 61761  
Early September

## Indiana

### INDIANA ALPHA, FRANKLIN COLLEGE

Erin Ashbrook  
501 East Monroe Street  
Elsey Hall, Box C  
Franklin, IN 46131  
Late September

### INDIANA BETA, INDIANA UNIVERSITY

Lisa Bruno  
928 East 3rd Street  
Bloomington, IN 47406  
Early November

### INDIANA GAMMA, BUTLER UNIVERSITY

Jenifer March  
831 West Hampton Drive  
Indianapolis, IN 46208  
Early January 2004

### INDIANA DELTA, PURDUE UNIVERSITY

Brittan Brashears  
1012 W. State Street  
West Lafayette, IN 47906  
Early January 2004

### INDIANA EPSILON, DEPAUW UNIVERSITY

Deborah Davila  
303 South Locust Street  
Greencastle, IN 46135  
Early February 2004

### INDIANA ZETA, BALL STATE UNIVERSITY

Jessica Landis  
Ball State Student Center L-1, Box 39  
Muncie, IN 47306  
Early September

### INDIANA ETA, INDIANA/PURDUE UNIV.-FORT WAYNE

Lindsay Flosenzier  
2101 East Coliseum Boulevard  
Fort Wayne, IN 46805  
Early September

### INDIANA THETA, VALPARAISO UNIVERSITY

Amy Mitchell  
324 Scheele Hall  
Valparaiso, IN 46383  
Early January 2004

## Iowa

### IOWA ALPHA, IOWA WESLEYAN UNIVERSITY

Cassie Wilfawn  
607 North Broadway, S-T Hall  
Mount Pleasant, IA 52641  
Late September

### IOWA BETA, SIMPSON COLLEGE

Meghann Kehoe  
406 North Buxton  
Indianola, IA 50125  
Late August

### IOWA GAMMA, IOWA STATE UNIVERSITY

Meredith Hyde  
208 Ash Avenue  
Ames, IA 50014  
Late August

### IOWA ZETA, UNIVERSITY OF IOWA

Karisa Case  
815 East Washington Street  
Iowa City, IA 52240  
Late August

### IOWA ETA, DRAKE UNIVERSITY

Stephanie Johnson  
1219 34th Street  
Des Moines, IA 50311  
Early September

## Kansas

### KANSAS ALPHA, UNIVERSITY OF KANSAS

Lindsey Whittington  
1612 West 15th Street  
Lawrence, KS 66044  
Early August

### KANSAS BETA, KANSAS STATE UNIVERSITY

Sandra Springer  
1819 Todd Road  
Manhattan, KS 66502  
Early August

## Kentucky

### KENTUCKY ALPHA, UNIV. OF LOUISVILLE

Patricia Roberts  
2030 Unity Place  
Louisville, KY 40208  
Late August

### KENTUCKY BETA, UNIVERSITY OF KENTUCKY

Ashley Campbell  
409 Columbia Avenue  
Lexington, KY 40508  
Late August

### KENTUCKY GAMMA, EASTERN KENTUCKY UNIV.

Sarah Bron  
128 Powell Building  
Eastern Kentucky University  
Richmond, KY 40475  
Late August

## Louisiana

### LOUISIANA ALPHA, TULANE UNIV./ NEWCOMB COLLEGE

Natalie Wright  
7014 Zimple Street  
New Orleans, LA 70118  
Early January 2004

### LOUISIANA BETA, LOUISIANA STATE UNIVERSITY

Karla Glaser  
4040 West Lakeshore Drive  
Baton Rouge, LA 70808  
Late August

## Maine

### MAINE ALPHA, UNIVERSITY OF MAINE

Mary Timmins  
111 College Avenue  
Orono, ME 04473  
Late September

## Michigan

### MICHIGAN ALPHA, HILLSDALE COLLEGE

Amy Peterson  
304 Hillside Street  
Hillsdale, MI 49242  
Early January 2004

### MICHIGAN BETA, UNIVERSITY OF MICHIGAN

Andrea Davis  
836 Tappan  
Ann Arbor, MI 48104  
Late September

### MICHIGAN GAMMA, MICHIGAN STATE UNIVERSITY

Melanie Service  
343 North Harrison Road  
East Lansing, MI 48823  
Early October

### MICHIGAN EPSILON, WESTERN MICHIGAN UNIV.

Ashley Alford  
1400 Fraternity Village Drive  
Kalamazoo, MI 49006  
Late September

## Minnesota

### MINNESOTA ALPHA, UNIVERSITY OF MINNESOTA

Stephanie Cox  
1109 5th Street SE  
Minneapolis, MN 55414  
Early September

## Mississippi

### MISSISSIPPI ALPHA, UNIV. OF SOUTHERN MISSISSIPPI

Rachel Culver  
USM Southern Station Box 8376  
Hattiesburg, MS 39406  
Early August



# Chapter Membership Chairmen

## MISSISSIPPI BETA, UNIVERSITY OF MISSISSIPPI

Leslie Davidson  
PO Box 8347  
University, MS 38677  
Early October

## Missouri

### MISSOURI ALPHA, UNIVERSITY OF MISSOURI

Heather Laskey  
511 East Rollins  
Columbia, MO 65201  
Late August

### MISSOURI BETA, WASHINGTON UNIVERSITY

Tracy Cohen  
1 Brookings Drive, Box 1182  
St. Louis, MO 63130  
Early January 2004

### MISSOURI GAMMA, DRURY UNIVERSITY

Rebecca Doss  
Pi Beta Phi Suite  
900 North Benton Avenue  
Springfield, MO 65802  
Late August

## Montana

### MONTANA ALPHA, MONTANA STATE UNIVERSITY

Sage Hartung  
1304 South 5th Avenue  
Bozeman, MT 59715  
Early September

## Nebraska

### NEBRASKA BETA, UNIVERSITY OF NEBRASKA

Lindsay Kennebeck  
426 North 16th Street  
Lincoln, NE 68508  
Early August

### NEBRASKA GAMMA, CREIGHTON UNIVERSITY

Monica Garcia  
Student Center SC-110  
2500 California Plaza  
Omaha, NE 68178  
Early January 2004

## Nevada

### NEVADA ALPHA, UNIVERSITY OF NEVADA

Erin Sharpe  
869 North Sierra Street  
Reno, NV 89503  
Late August

## New Jersey

### NEW JERSEY ALPHA, PRINCETON UNIVERSITY

Alexandra Stirling  
20 Nassau Street, Room 408  
Princeton, NJ 08540  
Late September

## New Mexico

### NEW MEXICO ALPHA, UNIV. OF NEW MEXICO

Cantrell Candelaria  
1701 Mesa Vista NE  
Albuquerque, NM 87106  
Early August

### NEW MEXICO BETA, NEW MEXICO STATE UNIV.

Tiffany Gonzales  
300 Greek Complex  
Las Cruces, NM 88001  
Early September

## New York

### NEW YORK ALPHA, SYRACUSE UNIVERSITY

Lisa Duquette  
210 Walnut Place  
Syracuse, NY 13210  
Early January 2004

### NEW YORK DELTA, CORNELL UNIVERSITY

Ilana Abeles  
330 Triphammer Road  
Ithaca, NY 14850  
Early January 2004

### NEW YORK EPSILON, RENSSELEAR POLYTECHNIC

INSTITUTE  
Suzanne Peluso  
8 Sherry Road  
Troy, NY 12180  
Early September

## North Carolina

### NORTH CAROLINA ALPHA, UNIV. OF NORTH

CAROLINA  
Anna Savino  
109 Hillsborough Street  
Chapel Hill, NC 27514  
Late August

### NORTH CAROLINA BETA, DUKE UNIVERSITY

Anna Wilson  
Box 99315  
Durham, NC 27708  
Early January 2004

### NORTH CAROLINA GAMMA, WAKE FOREST

Kathleen Lawrence  
PO Box 8745  
Winston-Salem, NC 27109  
Early January 2004

## North Dakota

### NORTH DAKOTA ALPHA, UNIV. OF NORTH

DAKOTA  
Monica Peterson  
409 Cambridge Street  
Grand Forks, ND 58203  
Early September

## Ohio

### OHIO ALPHA, OHIO UNIVERSITY

Melissa Mullett  
6 South College Street  
Athens, OH 45701  
Late September

### OHIO BETA, OHIO STATE UNIVERSITY

Erin Koch  
1845 Indianola Avenue  
Columbus, OH 43201  
Early January 2004

### OHIO EPSILON, UNIVERSITY OF TOLEDO

Annie Schmolt  
2999 West Bancroft, Unit C-1  
Toledo, OH 43606  
Late August

### OHIO ZETA, MIAMI UNIVERSITY

Amy Brockman  
PO Box 793  
Oxford, OH 45056  
Early January 2004

### OHIO ETA, DENISON UNIVERSITY

Margaret Sunderland  
425 West College Street  
Granville, OH 43023  
Late January 2004

### OHIO THETA, BOWLING GREEN STATE UNIV.

Lin Spicer  
1317 East Wooster Street  
Bowling Green, OH 43402  
Early September

### OHIO IOTA, UNIVERSITY OF DAYTON

Rebecca Castner  
421 College Park  
Dayton, OH 45409  
Early January 2004

## Oklahoma

### OKLAHOMA ALPHA, UNIVERSITY OF OKLAHOMA

Jessica Braver  
1701 Elm Avenue  
Norman, OK 73072  
Late August

### OKLAHOMA BETA, OKLAHOMA STATE

UNIVERSITY  
Kathryn Jones  
324 South Cleveland Street  
Stillwater, OK 74074  
Late August

## Oregon

### OREGON ALPHA, UNIVERSITY OF OREGON

Megan Nugent  
1518 Kincaid Street  
Eugene, OR 97401  
Early October

### OREGON BETA, OREGON STATE UNIVERSITY

Kathryn Neville  
2685 NW Taylor  
Corvallis, OR 97330  
Late September

### OREGON GAMMA, WILLAMETTE UNIVERSITY

Jodi Heuer  
900 State Street, H-230  
Salem, OR 97301  
Late January 2004

## Pennsylvania

### PENNSYLVANIA BETA, BUCKNELL UNIVERSITY

Lindsey Nugent  
Box-C 3948, Bucknell University  
Lewisburg, PA 17837  
Late August

### PENNSYLVANIA GAMMA, DICKINSON COLLEGE

Margaret Smith  
College and Louthier Streets  
PO Box 4888  
Carlisle, PA 17013  
Early September

### PENNSYLVANIA EPSILON, PENNSYLVANIA STATE UNIV.

Lee Ann Zacharias  
5 Hiester Hall  
University Park, PA 16802  
Early September

# Chapter Membership Chairmen

**PENNSYLVANIA ZETA, WASHINGTON & JEFFERSON COLLEGE**  
Megan Wilson  
50 South Lincoln Street, Box 181  
Washington, PA 15301  
Early February 2004

**PENNSYLVANIA ETA, LAFAYETTE COLLEGE**  
Samantha Newman  
Farinon Center, Box 9485  
Easton, PA 18042  
Late August

**PENNSYLVANIA THETA, VILLANOVA UNIVERSITY**  
Krissey Eisenmann  
800 Lancaster Avenue  
Villanova, PA 19085  
Early January 2004

**PENNSYLVANIA KAPPA, LEHIGH UNIVERSITY**  
Marissa Just  
Emery Building — University Drive  
Bethlehem, PA 18015  
Early January 2004

**South Dakota**  
**SOUTH DAKOTA ALPHA, UNIV. OF SOUTH DAKOTA**  
Amber Woodford  
118 North Plum Street  
Vermillion, SD 57069  
Early September

**Tennessee**  
**TENNESSEE BETA, VANDERBILT UNIVERSITY**  
Kelsey Rath  
118 24th Avenue South  
Nashville, TN 37212  
Early January 2004

**TENNESSEE GAMMA, UNIVERSITY OF TENNESSEE**  
Rebecca Schwider  
1531 Cumberland Avenue, Suite 302  
Knoxville, TN 37916  
Late August

**TENNESSEE DELTA, UNIVERSITY OF MEMPHIS**  
Rachel Rosen  
University of Memphis  
3131 Campus Postal Station  
Memphis, TN 38152  
Early September

**Texas**  
**TEXAS ALPHA, UNIVERSITY OF TEXAS**  
Carmen Radley  
2300 San Antonio  
Austin, TX 78705  
Late August

**TEXAS BETA, SOUTHERN METHODIST UNIV.**  
Babo Neubach  
3101 Daniel Avenue  
Dallas, TX 75205  
Early January 2004

**TEXAS GAMMA, TEXAS TECH UNIVERSITY**  
Cody Whitehead  
#17 Greek Circle  
Lubbock, TX 79416  
Early August

**TEXAS DELTA, TEXAS CHRISTIAN UNIVERSITY**  
Jennifer Stewart  
PO Box 296883  
Fort Worth, TX 76129  
Late August

**TEXAS EPSILON, UNIVERSITY OF NORTH TEXAS**  
Laura Cook  
PO Box 310668  
Denton, TX 76203  
Late August

**TEXAS ZETA, BAYLOR UNIVERSITY**  
Kathryn Kletke  
PO Box 85618  
Waco, TX 76798  
Early January 2004

**TEXAS ETA, TEXAS A & M UNIVERSITY**  
Marisa Montague  
1601 Munson Avenue  
College Station, TX 77840  
Late August

**Utah**  
**UTAH ALPHA, UNIVERSITY OF UTAH**  
Kristen Moss  
1443 East 100 South  
Salt Lake City, UT 84102  
Early September

**Vermont**  
**VERMONT BETA, UNIVERSITY OF VERMONT**  
Jennifer Annas  
369 South Prospect Street  
Burlington, VT 05401  
Early September

**Virginia**  
**VIRGINIA GAMMA, COLLEGE OF WILLIAM & MARY**  
Karen Anderson  
CSU 4232  
PO Box 8795  
Williamsburg, VA 23186  
Early September

**VIRGINIA DELTA, OLD DOMINION UNIVERSITY**  
Dana Cobb  
2122 Webb Center  
Norfolk, VA 23529  
Early September

**VIRGINIA EPSILON, UNIVERSITY OF VIRGINIA**  
Sara Iams  
1509 Grady Avenue  
Charlottesville, VA 22903  
Early January 2004

**VIRGINIA ZETA, VIRGINIA POLYTECHNIC & STATE UNIV.**  
Margaret Dalrymple  
100 SPH-E  
Blacksburg, VA 24060  
Early January 2004

**VIRGINIA ETA, UNIVERSITY OF RICHMOND**  
Kathryn Cook  
RC 55, 28 Westhampton Way  
Univ. of Richmond, VA 23173  
Early January 2004

**VIRGINIA THETA, WASHINGTON & LEE UNIV.**  
Susan Somers  
6 Frank Parsons Way  
Lexington, VA 24450  
Early January 2004

**Washington**  
**WASHINGTON ALPHA, UNIV. OF WASHINGTON**  
Megan Reed  
4548 17th NE  
Seattle, WA 98105  
Early September

**WASHINGTON BETA, WASHINGTON STATE UNIV.**  
Dana Bindler  
NE 825 Linden Street  
Pullman, WA 99163  
Late August

**WASHINGTON GAMMA, UNIV. OF PUGET SOUND**  
Stacy Muffly  
4901 Wheelock Student Center  
Tacoma, WA 98416  
Late January 2004

**West Virginia**  
**WEST VIRGINIA ALPHA, WEST VIRGINIA UNIV.**  
Stacey Fox  
1493 University Avenue  
Morgantown, WV 26505  
Early September

**Wisconsin**  
**WISCONSIN ALPHA, UNIVERSITY OF WISCONSIN**  
Alexandra de la Riva  
130 Langdon Street  
Madison, WI 53703  
Early September

**WISCONSIN DELTA, MARQUETTE UNIVERSITY**  
Lisa Roe  
911 North 14th Street  
Milwaukee, WI 53233  
Late January 2004

**Wyoming**  
**WYOMING ALPHA, UNIVERSITY OF WYOMING**  
Jennifer Rogers  
1502 East Sorority Row  
Laramie, WY 82070  
Early September

**Canada**  
**ALBERTA ALPHA, UNIVERSITY OF ALBERTA**  
Michelle McKinnon  
11019-88 Avenue  
Edmonton, AB T6G 0Z3 CANADA  
Early September

**ONTARIO ALPHA, UNIV. OF TORONTO**  
Shari Archinoff  
220 Beverley Street  
Toronto, ON M5T 1Z3 CANADA  
Early September

**ONTARIO BETA, UNIV. OF WESTERN ONTARIO**  
Michelle Shessel  
293 Central Avenue  
London, ON N6B 2L9 CANADA  
Early September

**ONTARIO GAMMA, UNIVERSITY OF GUELPH**  
Laura Doner  
PO Box 30008, Park Mall Postal Outlet  
2 Quebec Street  
Guelph, ON N1H 8J5 CANADA  
Early September

# Diamond Arrows

## Seventy five Year Members

**MUZETTA BLAIR BACKUS**  
Oregon Alpha

**CATHERINE JOHNSON BEANLAND**  
Texas Alpha

**VIRGINIA WHITLOCK BESORE**  
Indiana Gamma

**JANE CORWIN BIRD**  
Vermont Beta

**ALICE C. BOND**  
Iowa Zeta

**VIRGINIA BLUE BROWN**  
Kansas Alpha

**DOROTHY CLUNE BRUNDAGE**  
Florida Alpha

**NAOLA SULZBERGER BRUNINGA**  
Illinois Delta

**GERALDINE BLATTNER BURNS**  
Nevada Alpha

**ALICE FORD CHERBENEAU**  
Wyoming Alpha

**DOROTHY MINGER CHESTER**  
Idaho Alpha

**HELEN ZIEGLER CONSTABLE**  
California Delta

**EDITH BLOTZ COVER**  
Colorado Alpha

**MARY TOUZALIN CROFT**  
Illinois Epsilon

**CAROLINE BLOOD CUTTER**  
New York Gamma

**HARRIET KIMBALL FERTIG**  
Minnesota Alpha

**ALICE THORN FINNEY**  
Indiana Beta

**VIVIAN WARD FISH**  
D.C. Alpha

**MARGARET SCHOWE FRANCKLE**  
Michigan Alpha

**FRANCES BUDD FULLER**  
Iowa Gamma

**GRACE WHITEFORD GARRISON**  
California Delta

**FRANCES SCURRAH GETMAN**  
New York Gamma

**ELIZABETH DILL GILMOUR**  
Pennsylvania Beta

**CONSTANCE GRIER**  
Missouri Beta

**ELEANOR GILDNER HAGEBOECK**  
Iowa Zeta

**ALICE CASEY HAY**  
Pennsylvania Alpha

**JOYCE WADMOND HILDEBRAND**  
Wisconsin Beta

**MARTHALOU SCHOENER HILL**  
Indiana Gamma

**LILLIAN ENGLAND HOOVER**  
Wyoming Alpha

**MARY KLEMER KIESAU**  
Iowa Zeta

**DOROTHY FISHER KIRK**  
Washington Alpha

**DOROTHY VERGES LABARRE**  
Illinois Epsilon

**MARY NOBLES LYLES**  
Texas Alpha

**MARIAN MORGAN LYONS**  
Indiana Beta

**HELEN HOLLAND MAEDJE**  
Iowa Alpha

**BETTY MARTIN MCCALMONT**  
Ohio Beta

**MILDRED BEAUCHAMP MCCracken**  
Arkansas Alpha

**DOROTHY BELL METZ**  
Texas Beta

**MARGARET MILLER**  
Alabama Alpha

**PRUDENCE INGHAM MONTGOMERY**  
Vermont Alpha

**RUTH WRAY ORR**  
Illinois Beta

**ALICE SCHERER OSBORNE**  
Wisconsin Beta

**NINA HILL PARKER**  
Minnesota Alpha

**KITTY LONG PATTERSON**  
Kentucky Alpha

**JOHN HOUSSELS PIGG**  
Texas Alpha

**JANET WELLS PLATTNER**  
Illinois Delta

**MARTHA SPRINGER POLLOCK**  
Colorado Alpha

**K. ADELAIDE MARKLEY RISHEL**  
Pennsylvania Gamma

**GEORGIA CHARLES ROUNDS**  
Illinois Delta

**JOYCE BLECK STOTTS**  
Kansas Alpha

**HELEN MCANULTY TABOR**  
Nebraska Beta

**MIRIAM BOSSARD THEOBALD**  
Illinois Epsilon

**DORIS HOWELL TOWNSEND**  
South Dakota Alpha

**SALLY HUNTER TROLINGER**  
Texas Alpha

**ANNA LARSON WILSON**  
North Dakota Alpha

**ESTHER HALL YOUNT**  
Illinois Delta

# Collegiate

News



Utah Alphas Devan Lee and Sarah Herman worked hard sanding book shelves for the Neighborhood House. Devan and Sarah were two of more than 200 Greeks from the University of Utah who helped clean classrooms and bathrooms and refurbish furniture at the non-profit agency.

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When one of their alumnae, 88-year-old Betty Nimmo Coady, moved back to Laramie and into an assisted living home, **WYOMING ALPHAS** started volunteering there. The Iverson Memorial Home is a home exclusively for elderly women. The objective of the chapter members' first visit was to get to know the women and help them make family trees. Since that visit, members have been back on several occasions to watch movies, decorate cakes and just talk with the women. Chapter members have found the experience interesting and uplifting.

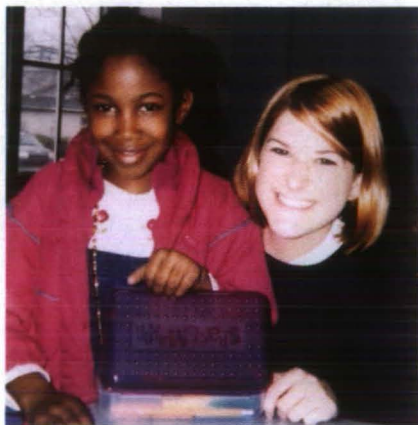


California Thetas made almost \$2,000 for Arrowmont through their Arrowjam dance and lip sync competition between Greek chapters at the University of California, Davis.

Bump! Set! Arrowspike! More than 75 teams, 10 volleyball nets and lots of fun filled the campus of Loyola Marymount University on March 28, 2003 as the newest chapter of Pi Beta Phi, **CALIFORNIA NU**, held its first Arrowspike philanthropic event. Through the tournament, which included sponsored music by a local radio station, donated food from campus eating favorites, and a great silent auction consisting of donated gifts such as Dodgers tickets and a Harry Winston ring, the chapter raised more than \$8,000. Members are donating the money to Arrowmont and A Place Called Home, a local after-school care center.

**ALBERTA ALPHAS** at the University of Alberta have worked hard during recruitment and have tripled the number of members they had two years ago. Chapter members are looking forward to keeping up their recruitment stats.

**PENNSYLVANIA GAMMAS** invited Dr. Linda Chalk of Dickinson College to speak about the specifics of eating disorders to the entire female Greek community on campus. Chapter member Amanda Weigel spoke about her own battle with anorexia. She emphasized the important role friends and sorority sisters play when a friend is dealing with disordered eating.



Several Mississippi Betas at the University of Mississippi volunteer through Leap Frog, a tutoring and life enriching program for area children.



Washington Beta's VP Mental, Christlyn Tust, hosted a scholarship Cookie Shine for the chapter. Instead of the arrow-shaped cookie Washington Beta chapter members usually eat at their Cookie Shine, the cookie was shaped like an A+. And instead of sitting wherever they wanted to, Christlyn asked members to sit with other members in their major so they were able to talk about classes they were taking.

At Butler University, the **INDIANA GAMMA** chapter enjoyed a presentation from Greek Life motivational speaker David Westol. His energetic and compelling presentation focused on pride and respect for all Greek members now and in the future.

**TEXAS BETAS** at Southern Methodist University started a new philanthropy, Be an Angel. The Ronald McDonald House was one recipient of money, toys and decorated cookies donated by students all over campus. Also more than 100 toys were donated to the Scottish Rite Children's Hospital.

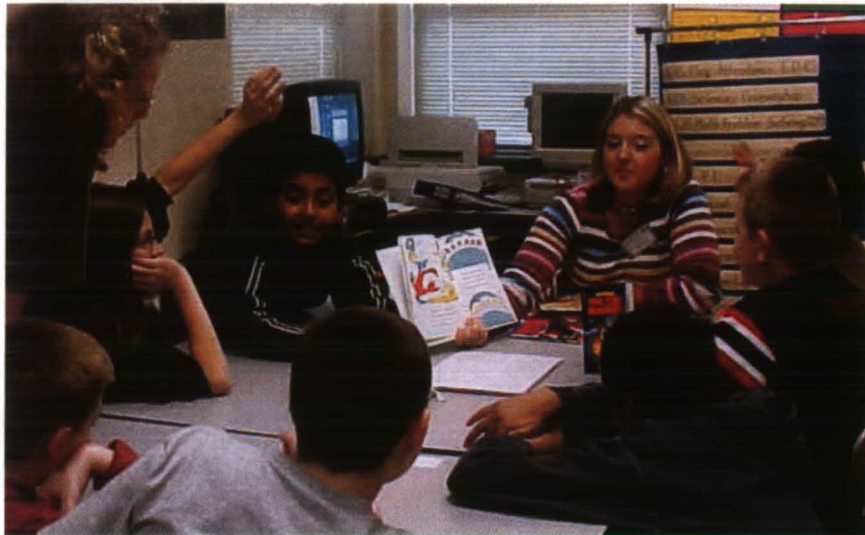
For the first time at Texas Christian University, the panhellenic council suggested a program in which each sorority selects one professor as its academic coach for the new members. This professor gives one beginning seminar and continues to be available throughout the semester for academic advice. The **TEXAS DELTA** chapter is proud of their academic coach, biology professor Dr. Ray Drenner, who the panhellenic and interfraternity councils chose as academic coach of the year.



On a recent speaking tour, Texas Alpha Senator Kay Bailey Hutchison traveled through College Station. Texas Eta Pi Phis from Texas A&M University met her at the airport and entertained her for the afternoon.

# Collegiate

News



In March, a group of Oregon Gammas from Willamette University participated in Read Across America at Lamb Elementary School in Salem, Oregon. The students, ranging in age from kindergarten through fifth grade, enthusiastically welcomed the members as they read children's books in classrooms.

The NORTH CAROLINA BETA Chapter at Duke University received an overall GPA of 3.42 for the fall semester with 27 members on the Dean's List.



Members of Ohio Zeta won Delta Upsilon's Puddle Pull at Miami University. After competing in four rounds, Pi Phi's eight member team emerged victorious.

NEW MEXICO ALPHA Alina Ogle from the University of New Mexico was named Miss New Mexico USA and competed in the March Miss USA 2003 Pageant, which aired on NBC. Alina was selected for the Top Ten level of the competition and received individual air time highlighting her life. Alina contributes much of her success to her involvement with Pi Beta Phi. Alina also appeared on the No. 1 evening reality series "Fear Factor."

COLORADO DELTAS had fun teaming up with local alumnae from the Denver, Colorado Alumnae Club to do some spring cleaning at the Bridgeway House for Pregnant Teens. Chapter members also participated in the Colorado School of Mines' Greek Week Castle of Cans food collection. Through the event campus Greeks collected almost 2,000 cans of food for the local Christian Action Guild.

Several COLORADO EPSILONS at the University of Colorado, Colorado Springs were directly affected by the war in Iraq. Colorado Springs is the home of five military bases and the United States Air Force Academy. As the members' fathers, cousins, boyfriends and friends were called to duty, members banded together to support the troops and each other. During one chapter event, the women wrote letters of appreciation to some of the troops overseas.

LOUISIANA BETAS welcomed their dads to Louisiana State University for the chapter's Laid Back Dad's Day. This year, the fathers and daughters shared each others company over a barbeque at the chapter house.



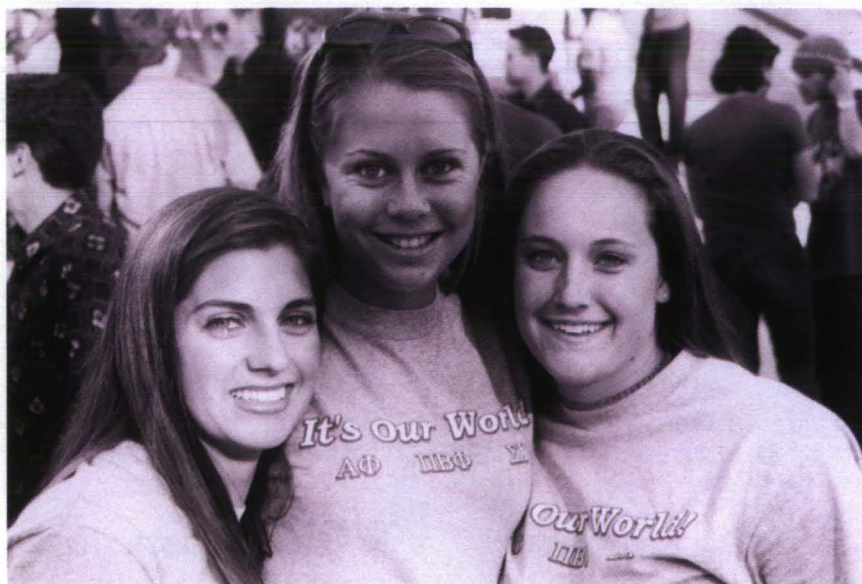
In celebration of Founders' Day, Ontario Gammas from the University of Guelph and Ontario Alphas at the University of Toronto met in Toronto at the Ontario Alpha chapter house for a fun-filled day.

**PENNSYLVANIA EPSILON** Amy Deatrich from Pennsylvania State University is currently Miss Penn State and will be competing for the title of Miss Pennsylvania in July.

This March the **MISSOURI BETA** chapter began a new philanthropy, Down and Dirty Flag Football. It was a great day with Washington University fraternity and sorority members participating in a flag football tournament. The chapter donated the proceeds to Arrowmont.

**TEXAS ZETAS** were excited to move into their new suite at Baylor University. For many years chapter members had to meet in classrooms and conduct recruitment in campus drawing rooms. Now the chapter shares the Stacy Riddle Forum with the other eight campus sororities. Each group's suite is equipped with a full kitchen, office and grand meeting room. In addition, the Pi Phi suite has beautiful furnishings and state-of-the-art audio/visual equipment, which they received through generous donations from alumnae.

**VIRGINIA EPSILONS** held a philanthropic event to benefit the Abigail Alliance, which assists cancer patients who have exhausted their alternatives for treatment and allows them to have greater access to experimental proce-



**California Mus Caroline Plummer, Jenna Sutherland and Emily Samuel pose for a picture during Homecoming Weekend at Pepperdine University.**

dures that may help. Abigail was a student at the University of Virginia who was approved for an experimental treatment option and died two days later. The chapter raised \$2,000 for the alliance.

**ILLINOIS ETAS** at Millikin University invited local Brownie troops to the chapter house for a Girls Night Out. For the night out the first-fifth graders enjoyed "make-overs," "dressing up," manicures and facials. Chapter members also helped the girls decorate pillows. Through the event, the chapter women helped the Brownies earn a badge.

**NEW YORK DELTAS** Jacqueline Greenburg and Lauren Jacobs organized the first Pi Beta Phi Carnival at Cornell University. The carnival's aim is to involve students, children and members of the Ithaca, New York community in outdoor fun while raising money for Arrowmont and the Central New York Branch of Make-A-Wish Foundation.

At the University of Puget Sound, **WASHINGTON GAMMAS** enjoyed an all-chapter sisterhood event on Bid Day. During the day members and new members participated in relay races, movie marathons, capture the flag, board games and drinking rootbeer floats at the chapter house.

Chapter President Angela Davis introduced **WEST VIRGINIA ALPHA** at the University of West Virginia to the Glass Slipper Project. Through the project chapter members donated more than 50 dresses so that underprivileged teenagers could have dresses for their school dances.

The **KENTUCKY BETA** Chapter attended an interracial forum at the University of Kentucky sponsored by Alpha Phi Alpha Fraternity. Students, faculty and alumnae filled Worsham Theatre to discuss issues that people of all races endure not only in every day life, but specifically on campus.



**In February, California Eta hosted Pi Phi Fiesta at the University of California, Irvine. More than 100 Greek and non-Greek students attended the event, where guests enjoyed Mexican food, music provided by Sigma Phi Epsilon and a free raffle.**

# Pi Beta Phi Foundation



## Scholarship Recipients

Sixty-five women have been named as Pi Beta Phi Foundation 2003–04 academic scholarship and fellowship recipients. Their selection was based on their outstanding academic achievement, as well as service to Pi Phi, their campus or community. (This list does not include the names of Arrowmont scholarships and other local scholarships yet to be awarded.)

Through the generosity of Pi Phi sisters and friends, the Foundation awarded the following:

- 28 Friendship Fund Undergraduate Scholarships and Graduate Fellowships
- 9 Holiday Scholarships
- 24 Named and endowed undergraduate scholarships and graduate fellowships
- 4 Alumnae Continuing Education Scholarships

Educational financial assistance is available to qualified collegians and alumnae. Applications for the 2004–05 academic year will be available online in July. Applications will also be included in the fall mailing to alumnae club presidents and chapter Vice Presidents of Mental Advancement. The application deadline is January 31, 2004. For additional information on the scholarship program, or about endowing a scholarship, contact the Foundation Office or visit [www.pibetaphifoundation.org](http://www.pibetaphifoundation.org).



## Sign of the Arrow Melissa Scholarship

“The greatest gift in this life is serving others in the never-ending cycle of giving,” stated Missouri Beta Katherine MacArthur, the Foundation’s 2003–04 Sign of the Arrow Melissa Scholarship recipient.

The St. Louis, Missouri Alumnae Club and Sign of the Arrow shop created this scholarship to be a permanently endowed fund of the Foundation. The scholarship memorializes Missouri Beta Melissa Gail Aptman, who was murdered during a carjacking on May 5, 1995 — just two weeks before her graduation from Washington University in St. Louis.

Recognizing demonstrated exemplary contributions in the area of community service, the goal of this fund is to annually reward one Pi Beta Phi collegian, of senior standing, with a merit scholarship of up to \$10,000. Katherine is a Social Thought & Analysis and American Culture Studies major.

## Special Thanks

The Foundation extends a special thank you to the following selection committee volunteers:

### Sign of the Arrow Melissa Scholarship

Foundation Trustee Vice President

& Scholarship Coordinator

Beth van Maanen Beatty,

Texas Gamma

Anne Cleveland Eike, Illinois Zeta

Libby Burns Donnell, Ohio Zeta

### Undergraduate Scholarships

Barbara Bittner Hakkio, Tennessee Alpha

Robin McPherson Rohrback,

Florida Beta

Sue Melberg Davis, Indiana Epsilon

### Graduate Fellowships

Deborah Hoeschele Wilkerson,

Kansas Alpha

Sheila Consaul, Illinois Theta

Heidi Dake Keogh, Colorado Alpha

### Alumnae Continuing Education Scholarships

Peggy Smith Luy, Illinois Eta

Marie Gruetzemacher Whitacre,

Missouri Alpha

Mary Ann Fisher Olinger, Indiana Zeta

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Friendship Fund Scholarship  
**HEATHER BUNTING**  
Wisconsin Delta  
Marquette University  
Economics/Marketing



Friendship Fund Scholarship  
**JENNIFER BURNS**  
Texas Gamma  
Texas Tech University  
Human Development and  
Family Studies/Pre-med



Friendship Fund Scholarship  
**JESSICA DABEEKEH**  
California Nu  
Loyola Marymount Univ.  
Liberal Studies





Friendship Fund Scholarship  
**CAROL FISHER**  
Texas Gamma  
Texas Tech University  
Metalsmithing and Spanish



Friendship Fund Scholarship  
**KIMBERLY HALL**  
Tennessee Beta  
Vanderbilt University  
Economics



Friendship Fund Scholarship  
**KATHARINE KAIRYS**  
Virginia Eta  
University of Richmond  
English



Friendship Fund Scholarship  
**BARBARA KRAL-HASTY**  
Kansas Alpha  
University of Kansas  
Business Administration



Friendship Fund Scholarship  
**MARGOT KRAL-HASTY**  
Kansas Alpha  
University of Kansas  
Business



Friendship Fund Scholarship  
**SARAH KUDELKO**  
Florida Delta  
University of Florida  
Theater



Friendship Fund Scholarship  
**KYLA MADSEN**  
South Dakota Alpha  
University of South Dakota  
Sociology



Friendship Fund Scholarship  
**MARISSA MARTIN**  
Ohio Alpha  
Ohio University  
Interior Architecture



Friendship Fund Scholarship  
**SARAH MCCALL**  
Washington Alpha  
University of Washington  
Nursing



Friendship Fund Scholarship  
**ERIN MCINERNEY**  
Virginia Epsilon  
University of Virginia  
English



Friendship Fund Scholarship  
**JENNY MILLER**  
South Dakota Alpha  
University of South Dakota  
Communication Disorders



Friendship Fund Scholarship  
**ASHLEY MILLS**  
Washington Gamma  
University of Puget Sound  
Politics and Government



Friendship Fund Scholarship  
**ALEXIS MISEYKO**  
Florida Epsilon  
University of Central Florida  
Molecular and Microbiology



Friendship Fund Scholarship  
**TAMARA MOYER**  
Nebraska Gamma  
Creighton University  
Biology and Spanish



Friendship Fund Scholarship  
**LINDSAY PAYTON**  
Oklahoma Alpha  
University of Oklahoma  
Zoology



Friendship Fund Scholarship  
**MAGGIE RYAN**  
Arizona Alpha  
University of Arizona  
Psychology



Friendship Fund Scholarship  
**ANNE SCHMOLT**  
Ohio Epsilon  
University of Toledo  
Exercise Science



Friendship Fund Scholarship  
**PAULINE SEIN**  
Oklahoma Alpha  
University of Oklahoma  
Zoology/Biomedical  
Science/Pre-med



Friendship Fund Scholarship  
**STACIA SLEZAK**  
Nebraska Gamma  
Creighton University  
Art History



Friendship Fund Scholarship  
**KASEY STANISLAV**  
Washington Gamma  
University of Puget Sound  
Communications



Friendship Fund Scholarship  
**RYANNE WISEMAN**  
 Michigan Epsilon  
 Western Michigan Univ.  
 Interior Design



Holiday Scholarship  
**SUSAN ELLING**  
 Minnesota Alpha  
 University of Minnesota  
 International Business and  
 Marketing



Holiday Scholarship  
**KELLY GRIBBEN**  
 Ohio Iota  
 University of Dayton  
 Graphic Design



Holiday Scholarship  
**KELLI KLINE**  
 Washington Gamma  
 University of Puget Sound  
 Chemistry/Biology



Holiday Scholarship  
**EIRENE KOULOUVARIS**  
 Florida Delta  
 University of Florida  
 Industrial and Systems  
 Engineering



Holiday Scholarship  
**KELLY LANGAN**  
 Nebraska Gamma  
 Creighton University  
 Biology



Holiday Scholarship  
**CAMERON NEECE**  
 California Beta  
 Univ. of California, Berkeley  
 Psychology and Political  
 Science



Holiday Scholarship  
**RACHEL THOMPSON**  
 Ohio Beta  
 Ohio State University  
 Psychology



Holiday Scholarship  
**BONNIE YU**  
 California Eta  
 University of California, Irvine  
 Sociology



Adele Collins Mason Scholarship  
**DEBORAH LAMMON**  
 California Gamma  
 Univ. of Southern California  
 Communications



Arizona Alpha Scholarship  
**ASIA DYMECKI**  
 Arizona Alpha  
 University of Arizona  
 Business/Marketing



Betty Blades Lofton Scholarship  
**BROOKE SOARD**  
 Colorado Gamma  
 Colorado State University  
 Music Therapy



Carol Inge Warren Scholarship  
**OLENA TYSIAK**  
 Pennsylvania Theta  
 Villanova University  
 Finance and International  
 Business



Dallas Alumnae Club/Ann  
 Dudgeon Phy Scholarship  
**MICHEL MILLER**  
 Texas Alpha  
 University of Texas  
 Corporate Comm. Studies



Frances Hall Comly Scholarship  
**NICOLE HARSCH**  
 Illinois Epsilon  
 Northwestern University  
 Economics/Mathematical  
 Methods in Social Sciences



Harriet Rutherford  
 Johnstone Scholarship  
**MARY ANN JOHNSON**  
 Oklahoma Alpha  
 University of Oklahoma  
 Journalism



Jane Porter Warmack  
 Scholarship  
**ANNA WILLIAMS**  
 Texas Epsilon  
 University of North Texas  
 Music Education



Jo Ann Minor Roderick  
 Scholarship  
**MELANIE MAYNES**  
 Washington Gamma  
 University of Puget Sound  
 Business Administration



Johanna Zoumas  
 Scholarship  
**EMILY SPRUIELL**  
 Texas Gamma  
 Texas Tech University  
 Speech Pathology



Joyce Wherit Bowers Scholarship  
**TRACY SILVA**  
 Nebraska Beta  
 University of Nebraska  
 Secondary English Education



Louisiana Alpha Triple M Scholarship  
**JESSICA DANIEL**  
Virginia Eta  
University of Richmond  
Business and French



Frances H. Hofacre Scholarship  
**LAINIE NORSTRUD**  
Minnesota Alpha  
University of Minnesota  
Public Relations



Frances H. Hofacre Scholarship  
**JILLIAN TURNBERG**  
Minnesota Alpha  
University of Minnesota  
Public Relations



Marcia Hart Foster, D.C.  
Alpha Scholarship  
**KATHY BROWER**  
South Dakota Alpha  
University of South Dakota  
Accounting



New York Alpha Scholarship  
**JACQUELINE VLECK**  
New York Alpha  
Syracuse University  
Television/Radio/Film



New York Zeta Scholarship  
**CORINNE RECZEK**  
New York Alpha  
Syracuse University  
Sociology/Anthropology



Oklahoma Alpha Scholarship  
**TARA HAGAN**  
Oklahoma Alpha  
University of Oklahoma  
Accounting



Ruth Barrett Smith  
Scholarship  
**JESSICA WILLINGER**  
Ohio Epsilon  
University of Toledo  
Social Work



Ruth Trinkle Read Memorial  
Scholarship  
**LAUREN GLASCO**  
Kansas Beta  
Kansas State University  
Public Relations



Sarah Ruth Mullis Scholarship  
**ELIZABETH MIDDLETON**  
Indiana Gamma  
Butler University  
Pharmacy



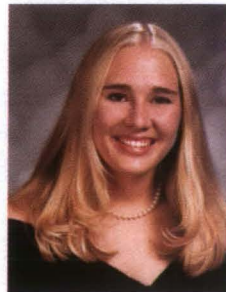
Past Grand Presidents Memorial  
Graduate Fellowship  
**EMILY SMITH**  
Indiana Beta  
Indiana University  
Juris Doctorate (Law)



Corrine Hammond Gray  
Fellowship  
**JENNIFER PEYSR**  
Iowa Gamma  
Iowa State University  
Urban Planning or Resource Policy



Friendship Fund Fellowship  
**JOYCE FENG**  
California Eta  
University of California, Irvine  
Master's in English Education



Friendship Fund Fellowship  
**CHRISTINE PAULSEN**  
Wyoming Alpha  
University of Wyoming  
Master's of Physical Therapy



Friendship Fund  
Fellowship  
**KARA PETERSON**  
Iowa Gamma  
Iowa State University  
Juris Doctorate (Law)



Alumnae Continuing  
Education Scholarship  
**BECKY SCHWARIZ KNUTSON**  
Minnesota Alpha  
University of Minnesota  
Chemical Engineering and MBA



Alumnae Continuing  
Education Scholarship  
**ERIKA BATES MACKEY**  
Connecticut Alpha  
University of Connecticut  
Master's in Education



Alumnae Continuing  
Education Scholarship  
**EMILY STRASSNER**  
Louisiana Alpha  
Tulane Univ.-Newcomb  
College  
Ph.D. School Psychology



Adele Collins Mason  
Alumnae Continuing  
Education Scholarship  
**KENDRYN BONDER McDONOUGH**  
Ohio Iota  
University of Dayton  
Master's in Educational  
Leadership

Not Pictured:

Holiday Scholarship  
**FIROOZEH MOFAKAMI**  
Virginia Epsilon  
University of Virginia  
Marketing/Management

Friendship Fund Scholarship  
**ANGELA RITTEL**  
Virginia Eta  
University of Richmond  
Leadership Studies

# News from Arrowmont

by Kimberly Geib



Esthela Malaver Daqua of Ecuador demonstrates to students of Pi Beta Phi Elementary.

## Ecuadorian Potters Demonstrate at Pi Phi Elementary

Nearly 250 students from Pi Beta Phi Elementary School had a rare opportunity to witness a demonstration of the traditional pottery techniques of the Quichua Indian Tribe from the upper Amazon region in Ecuador, as well as see artifacts and learn about the culture of the jungle region. Arrowmont hosted the potters Esthela Malaver Dagua and Mirian Dagua Vargas March 28–29, as part of their one-month tour in the United States that included a demonstration at the National Council on Education for the Ceramic Arts Conference in San Diego, California, a few weeks earlier.

The potters also led a more personal, hands-on workshop at Arrowmont for 12 students from Pi Phi Elementary and Gatlinburg-Pittman High School. The students

were able to make a mucaua, or drinking bowl, using a traditional hand coiling technique. The forms were then painted with intricate designs using custom brushes made of only five–seven strands of human hair!

As is the tribe's custom that only women may produce ceramics, Esthela and her daughter Mirian are hailed as two of the finest Quichua potters in their region and have been creating, selling and trading pottery for more than 30 years. The mother and daughter speak no English but speak Quichua, the dialect of their Indian tribe, and also Spanish. Students and guests were able to ask questions about their pottery and culture with the help of translator, Joe Molinaro, Professor of Art at Eastern Kentucky University, who has been their guide during their stay and who has been studying the indigenous potters of Ecuador for more than 15 years.



Students from Gatlinburg-Pittman High School try Quichua pottery techniques.

Find out about Arrowmont events and class schedules at [www.arrowmont.org](http://www.arrowmont.org). Keep in touch via e-mail at [info@arrowmont.org](mailto:info@arrowmont.org).

# News from Arrowmont

www.arrowmont.org

## Preserving Pi Phi History

Nearly a century has passed since Pi Beta Phi Fraternity first began its philanthropic work in eastern Tennessee, an area that is now a thriving tourist destination and gateway to the Great Smoky Mountains National Park.

Yet the name Pi Beta Phi still resonates with pride throughout the Gatlinburg community due to the rich history of its impact on education, the economy, and the cultivation of crafts in the region over the past 100 years. This history is relevant to understanding the evolution of Appalachian culture.

A treasure trove of artifacts, documents, and photographs are currently held at Arrowmont, dating from the early Settlement School and Arrowcraft days to the more recent acquisitions of art objects in Arrowmont's Permanent Collection. All are historically significant and in need of preservation, archiving and proper storage before they are damaged, or their historical significance is forgotten.

A poignant reminder of this need is the recent death of Arrowmont's first director and Tennessee Gamma convention initiate, Marian G. Heard, whose mission was to make art accessible to everyone and "to convince people that they have what it takes to have a meaningful relationship with the culture of their time."

Her impact on the crafts world is widely known and respected. In a recently published book, "Weavers of the Southern Highlands," author Philis Alvic writes extensively about Miss Heard's contributions to the perpetua-



tion of crafts in Appalachia, her influences through Pi Beta Phi, Arrowcraft, Summer Craft Workshop, and finally as

the first director of Arrowmont School of Arts and Crafts. Miss Heard's research and dedication to expanding craft education led her to conduct a craft survey for the Southern Highland Handicraft Guild in 1944, in which she "traveled 13,533 miles, visiting 166 individual craftspeople, 38 schools and 29 craft business organizations gathering information. She recommended that craft education opportunities be expanded through colleges, short workshops, and at the local level ..."

In 1945, "the University of Tennessee began offering a Summer Craft Workshop at the Pi Beta Phi School. In the early 1960s, Marian Heard influenced the Pi Phis to re dedicate their mission to crafts education, which created Arrowmont School of Arts and Crafts."

Part of realizing the future of Arrowmont is through an understanding of our past, hence the necessity for preserving our precious heritage. Through help of the University of Tennessee, volunteers, local and regional historical organizations and libraries, an extensive effort to fully document and archive Arrowmont's collection is in its beginning and planning stages. It is a goal that one day Arrowmont's collections will be accessible by computer database for research as well as be available for pub-

lic view and appreciation. Research gained from this project will also be an invaluable tool for our future plans to publish a book about Arrowmont's history.

## Contributions Making A Difference

Pounding hammers and whiffs of fresh paint were common sounds and smells around Arrowmont's campus this winter. With funds received from the Nashville, Tennessee Alumnae Club's Christmas Village fund-raiser, many improvements saw their fruition.

The auditorium was outfitted with a new AV system, stage and lectern designed and constructed by volunteers from the East Tennessee Woodworker's Guild, and a fresh coat of paint.

Other improvements include a retro '50s style renovation to the student lounge. A new refrigerator, microwave, television and stereo should provide the amenities needed to make lounging time at Arrowmont more enjoyable. A new refrigerator and stove have also been installed in the gallery and resource center catering kitchen — replacing the original appliances.

Also, new wood shingles will be placed on the Business Office, three new copy machines have replaced old ones and a new Arrowmont van will be added to the fleet. Thank you Nashville, Tennessee Alumnae Club!

Since 1961 Christmas Village, the major philanthropic project of the Nashville, Tennessee Alumnae Club has raised more than \$2.5 million for the Vanderbilt Bill Wilkerson Center in Nashville, and more than \$500,000 for Arrowmont.

# Remember

## Pi Beta Phi Elementary School

### Pi Beta Phi Elementary School Makes the Grade



**The Gatlinburg area nestled in the Great Smoky Mountains around 1912.**

You've heard of Settlement School and Arrowmont, but what about Pi Beta Phi Elementary School? Yes, there is a Pi Beta Phi Elementary School in Gatlinburg, Tennessee. It is the elementary school in the Sevier County Board of Education's district, and it is an accredited school with the Southern Association of Colleges and Schools. But, with this being a public elementary school, why is it called Pi Beta Phi Elementary?

The school is the current institution of the 1912 Settlement School. Started as an elementary school and high school, in the 1940s the settlement school became Arrowmont and the Pi Beta Phi Elementary School. And although no longer tied to Pi Phi financially or curriculum wise, under the ground lease the current elementary school is still called Pi Beta Phi. Glenn Bogart, the school's principal for the past 14 years, says the school still upholds Pi Phi's original educational philosophy for the area students and has been able to build upon Pi Phi's past Settlement School foundation — no matter how rough its beginnings were.

In 1912, Iowa Beta Kate B. Miller visited Gatlinburg. At that time, one teacher, Miss Hill, was the pioneer teacher, and Miss Gillette had in the last month transferred to Gatlinburg to continue teaching the next year. From excerpts of Kate's letter about her trip, "The school funds in Tennessee are so small that only four months of school a year can be had. ... If one has finished the fifth grade, he can take an examination on that much work, and if he pass-

es is entitled to teach school." Knowing this background, part of Kate's trip was to speak at the school's closing ceremony.

In her letter, Kate describes the school and its first closing ceremony, which gives great insight to the first year at the Settlement School. "After supper we started for the school house, at least a half mile down hill, over muddy roads, up a slippery hill to the new public school building ... of course there is no gas or electricity, and so the audience carried their own lights ... the house has two rooms with sliding doors, dimly lighted, a small stove in one room, no plastered walls of course. ...

"Mr. Keeble [the superintendent] made a short speech and presented the prizes: one to a boy for head distinction in neatness and spelling, and another to a girl for distinction in spelling. All the pupils are undisciplined in school ways. Neatness, then, Miss Hill told me was so sadly needed now that she made the first prize for that, and asked me to speak of its importance.

"The children were bright looking but dressed with no taste or suitability and their singing was enough to make one long for deafness. But, you wouldn't have felt like laughing if you had seen the rapt enjoyment of the audience. To them it was heavenly, because, as the superintendent said, it was so



**A group of young Settlement School students. Although boys are the only ones pictured, girls were also welcome and attended the school.**

much better than anything they had ever heard. Over 45 pupils, ranging from below kindergarten age to over 20 marched proudly to the platform to the strains of the reed organ, and sang, as seemed best to each one; often no one sang with the organ or with any one else.

# Remember

## Pi Beta Phi Elementary School

"The [calisthenic] drill was the extending of the arms forward, outward, and upward. ... Again, no two arms shot forward, outward, or upward together. They made one think of branches of trees wildly waving in a windstorm. But all this is a beginning of a new life for them."

And a beginning it was. Now, Pi Beta Phi Elementary enrolls 450 students between kindergarten and eighth grade. As an accredited school, it has to meet high requirements in areas such as budget, text books and teacher-student ratio. The school still strives to provide, as Mr. Bogart says, "solid core academic training essential to the expansion of learning." Yet, the school continues to answer the need of children to have hands-on learning, as well.

The school's Parks As Classrooms Program is a great example of the way Pi Beta Phi Elementary teaches children the life-long useful tool of learning from your surroundings. Each year students make at least 37 formal trips (about four-five trips per grade) to the Smoky Mountains National Park. For instance, if the third graders are studying insects in science they'll go to the park to observe the insects in their natural environment or to study their characteristics. The program is the first of its kind in the nation. In Washington D.C., the school is one of six models for a case study being conducted about such programs. Mr. Bogart says according to research, if students practice something they're learning in a more realistic setting, the information is more likely to be filed in their long-term memory.

With the close tie to Arrowmont, school children enjoy art classes and visiting the art galleries there. Mr. Bogart says the students also take advantage of many cultural opportunities through Arrowmont. Ripley's Aquarium across the street, which the school has partnered with, offers students



**Kate wrote that when the students marched to the platform for the calisthenic drill, "Emma Maples, the tow-head girl second from the rear on the horse, stood in front and led ...."**

**Above is the photo to which Kate referred.**

the opportunity to have real interaction with marine life and participate in hands-on learning projects about the ocean, which, being landlocked, is a great bonus to the children's education. The school is also a partner with the Anna Porter Public Library where students can delve deeper into information for projects on which they are working.

Pi Beta Phi Elementary school may be currently tied to Pi Phi in name only, but the principle of a well-rounded education and teaching of life skills is still the same as the Settlement School's original mission. The school year is now about eight and a half months long compared to four. The year-end programs, which take place in May, include a band concert, a social studies fair, an art fair, a student talent show and field trips as compared to the school's program described earlier. And the extra-curricular activities include student council and several different sports as opposed to arm thrusts. However, both now and then, the objective stays the same as Kate wrote a little more than 90 years ago, "Our highest service to them will be to teach them, along with book things, how to live."



**This is a typical mountain home in 1912. The first Settlement School teacher, Miss Hill, is standing to the left.**

# Alumnae

## News



**Wisconsin Alpha Eva Luhman is a flight surgeon in the United States Air Force and was stationed in Qatar during the war. She was recently named USAFE flight surgeon of the year. USAFE is the Air Force's major command in Europe.**

**KANSAS CITY, MISSOURI/SHAWNEE MISSION, KANSAS** members enjoyed their 45th annual Theater Tour in New York. Hosts Arkansas Alpha Cynthia England Hicks, Arizona Beta Rebecca Akin Larsen and Jeanne Cockayne joined 76 Pi Phis, family and friends from all over the Midwest for this theater-lover's weekend. Proceeds from the event benefit many philanthropies.

At their Founders' Day celebration members of the **BLOOMINGTON-NORMAL, ILLINOIS CLUB** dedicated a stained-glass window at the Illinois State University chapter house in memory of Illinois Epsilon Nanette Groves. Nanette was instrumental in establishing the chapter house.

Members of the **CHICAGO SOUTH SUBURBAN ALUMNAE CLUB** enjoyed their annual Christmas breakfast where they raised funds by holding an angel auction and exchange.

**THE CHATTANOOGA, TENNESSEE ALUMNAE CLUB** welcomed three new alumnae initiates this past April. All three were initiated into Tennessee Gamma. The initiates were Linda Harris, who is the mother of Heather Keefe Hicks, former Pi Province Collegiate Province President; Margaret Kelley, recently retired Vice Chancellor for Development at the University of Tennessee, Chattanooga; and Susan Doubleday, an accomplished local watercolor and pastel artist.

November 2, **LYNN RICE KING** was initiated at the Arkansas Alpha Chapter as an alumna initiate. The Hot Springs, Arkansas Alumnae Club sponsored Lynn for the special event. Lynn's mother and three sisters are Arkansas Alphas, as well. Plus her niece is a Louisiana Alpha Pi Phi at Tulane. Club members enjoyed a wonderful weekend of sisterhood as they celebrated Lynn's initiation and renewed their pledge to the Fraternity.

**VERMONT ALPHA JANE BRYANT QUINN** was recently featured in *AARP's Bulletin*. In the article she gave seniors tips about investing their money after the tough 2000-01 market. Included in the seven tips are "don't be positioned only for good news," and "don't abandon the market."



**The South Coast, California Alumnae Club** held its November meeting, "A Surgical Safari in East Africa" at the home of member **Mary Heathley Furnas**. Members enjoyed the Furnas' African artwork and Mary's program on the medical work she and her husband have done in East Africa.



The **AUGUSTA, GEORGIA ALUMNAE CLUB** has had a busy and productive year. Club members sponsored a reading program, "Pig Out On Books," to encourage first and second grade students to read at least 15 books. About 150 students participated in the program and their reward was a "Pig Party" where they decorated a pig cookie while they listened to club members read stories featuring pigs. Club members have also enjoyed making monthly gifts for their secret pal. Their pal was a student who had been in the foster care system and was recently adopted. Since she was in need of some TLC the club anonymously delivered bags to her door filled with treats corresponding to the time of year.

This spring the **CHARLOTTE, NORTH CAROLINA ALUMNAE CLUB** explored two new programs with great success. In January, with the help of a professional yoga instructor, 15 club members, including Georgia Alpha and Golden Arrow member Ann Huguley Burnette who is 78, learned how to stretch, breath and relax better. In March, the club learned about the art of professional cake decorating from Cake Designs. The pastry chef demonstrated four simple yet colorful designs for the group.

**SALT LAKE CITY, UTAH ALUMNAE CLUB** members enjoyed the annual Christmas dinner and ornament exchange and a successful poinsettia sale/fund-raiser. They also enjoyed painting pottery while listening to a presentation on the Pi Beta Phi Foundation.

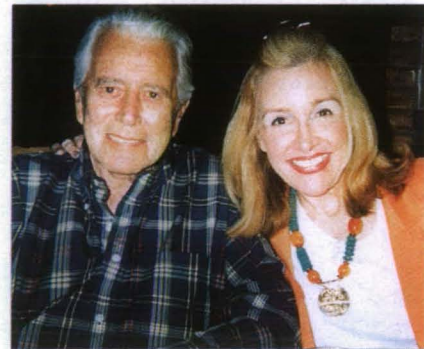
Members of the **INDIANAPOLIS, INDIANA ALUMNAE CLUB** and Indiana Gamma collegians joined together in a Founders' Day celebration at the Indiana Gamma chapter house April 27. In addition to honoring the values and visions of the Founders, highlights of the past year were noted by alumnae club and chapter officers. Pi Phis celebrated achievements, recognized chapter award winners and welcomed the seniors into the alumnae club.



**Maryland Beta Brig. General Trudy Hartzell Clark** is Deputy to the Chief Information Officer, Headquarters U.S. Air Force, Washington, D.C. where she assists in leading the Air Force in creating and enforcing Information Technology standards, and promoting and shaping an effective strategic and operational IT planning process. She also leads the Air Force in acquiring IT systems. In March, Trudy was promoted to Major General. She credits Pi Phi with providing opportunities to nurture leadership skills and the self-confidence needed as she began her professional carrier.

**THE LAKE SHORE, ILLINOIS ALUMNAE CLUB** has supported the Evanston Shelter for Battered Women and Their Children as its local philanthropy for more than 15 years. Each spring, the club donates necessities, including clothing and toiletries, for the shelter's women and children. Guided by the needs of the shelter, the club has also raised money for the purchase of new carpeting and an air conditioner for the shelter's living quarters. Each December, at the club's annual holiday party, members donate gifts to the shelter's residents.

**TEXAS ALPHA GAY WARREN GADDIS** hosted the Austin, Texas Alumnae Club's annual holiday party at her home. The hip invitation to the event started the festivities off with a bang. Gay's marketing solutions company, T3 (The Think Tank), also recently celebrated the six-month anniversary of its New York office launch. The New York team's pioneering expertise in digital advertising and media planning will complement T3's existing strengths in corporate e-mail marketing programs and Web site development.



If you were, or are, a "Dynasty" fan, Blake Carrington is a name synonymous with power, good looks and lots of money. For California Delta Nicole Carter-Forsythe that name is just a character name for her husband. In July 2002, Nicole married John Forsythe, who is also the voice of Charlie in the T.V. show "Charlie's Angels." At 61, it is Nicole's first marriage. Nicole often teasingly says to John, "The two great loves of my life have been you and Pi Phi."

# Alumnae

News



Colorado Alpha Ruth Morris Keesling hosted the Naples, Florida Alumnae Club's Beaux and Arrows party. Ruth, a past Carolyn Helman Lichtenberg Crest Award winner for her work saving mountain gorillas, invited the owner of the local Ngala Game Preserve to come to the party, along with a chimpanzee and two colorful macaws. A photographer took pictures of the guests with the animals during the evening.



Pennsylvania Beta Lynn Devaul Constan participated in the 2002 Colorado MS Tour for Cure, a two-day, 150-mile bike ride to raise funds for the fight against multiple sclerosis. She raised more than \$1,100.

## OHIO ETA JOANNE McMATH BATH

has been named the Dr. Ira M. and Mary Ruth Hardy Distinguished Professor of Suzuki Pedagogy at the East Carolina University School of Music. Mrs. Hardy, who has passed away, played violin with Joanne in the ECU Symphony Orchestra. She toured Sweden on an informal Suzuki exchange coordinated by Joanne and even enrolled in Joanne's Suzuki Pedagogy course on campus. Joanne has taught violin using the Suzuki method for 36 years in Greenville. The method was developed by Dr. Sinichi Suzuki, a Japanese violinist, who approached playing the violin the way an infant learns to speak. The method includes parental involvement, an early beginning (often at age three or four), and learning by ear before reading printed music. Over the years, Joanne has taught approximately 350 students using this method.

After only nine years as a resident of Espanola County, New Mexico, **INDIANA ALPHA MARY BETH NEWSOM SHYMKUS** was selected as Woman of the Year in Espanola County. While living in New Mexico Mary Beth has been president of the hospital auxiliary, director of volunteer services at the hospital, co-chairman of a book fair fund-raiser, member of the Santa Fe Opera Guild Board, secretary for a church administrative council, a volunteer staff member for a fitness center, director of the New Mexico Garden Clubs Inc., chairman of a state garden club convention, president of the local garden club and a docent for a cultural arts center.

On March 3, 2003, **ABBY COOPER** joined her sister **KATIE COOPER**, mother **KATHLEEN HODGEN SCHUTZ**, grandmother **HELEN DUNGAN HODGEN** and great-grandmother Gladys Deer Dungan (who is now deceased) as an initiated member of Pi Beta Phi. Abby, Katie and Helen are all Indiana Betas, and Kathleen is an Indiana Alpha, just as Gladys was.

The newly formed **ROCHESTER, MINNESOTA ALUMNAE CLUB** held a luncheon meeting recently, where they all got to know one another more.

This past fall, the **SACRAMENTO, CALIFORNIA ALUMNAE CLUB** participated in a Cookie Shine with California Theta collegians at the University of California, Davis. The event occurred shortly after recruitment and was the first Cookie Shine for the new California Theta pledge class. In February, club members enjoyed Game Night with their spouses and friends.



## From Pi Phi Pens

### KANSAS ALPHA SUSAN

**MCBRIDE** has signed a three-book deal with HarperCollins for a new mystery series to debut in February of 2004 with "Blue Blood." The novel's characters include Dallas debutante dropout Andrea "Andy" Kendricks and her socialite mother Cissy (who happens to be a proud member of Pi Beta Phi). Susan has also written two books in her Maggie Ryan series, "And Then She Was Gone" and "Overkill," published by a small Illinois press.

Philis Alvic recently wrote "Weavers of the Southern Highlands," the first book to present the rich history of weaving in Appalachia. The book concentrates on several schools, including the Pi Beta Phi Settlement School and Arrowmont, as it delves into the history of Appalachia weaving. The book also points out that for many women in Appalachia weaving has long provided much more than warm blankets and towels. Weaving was often a way of life — a way to support families and a way to get an education. The craft has helped people of Appalachia build educational, cultural and economic resources.



Members of the Dallas, Texas Alumnae Club honored 15 Golden Arrow members and a 75-year member, at the club's Founders' Day brunch.

**ILLINOIS ZETA KIM CROISANT** has been appointed Second Vice President, Marketing, Starmark, a division of Trustmark Insurance Company. Kim joined Trustmark in 1991 as a brokerage account manager and has served in several positions of increasing responsibility. She has received the professional designation Health Insurance Associate, as well. Trustmark is a leading insurer and benefits administrator licensed nationwide.

This year, 30 women from the **PORTLAND, OREGON ALUMNAE CLUB** attended a Cookie Shine at the Willamette View retirement community, where several alumnae live, as part of the club's annual Fraternity Heritage meeting. The group sang songs and enjoyed a Fraternity heritage lesson from the club president. Everyone wore her school colors and each woman shared her favorite Pi Phi or Cookie Shine memory.

Kristin Devaul was named West Virginia Alpha's most outstanding new member for 2002 and honored during the chapter's Founders' Day celebration with the presentation of Florida Beta **JOY MAKINSON STRAWN's** badge. Joy, who died in 2001, specified in her will that her Pi Phi badge be given to the West Virginia Alpha chapter's most outstanding new member.



Pi Phis in the United Kingdom are rekindling their sisterhood through the London Pocket. A group met this past fall at The Texas Embassy Cantina in London and have already started to make plans for other meetings.



Colorado Alpha Katherine McMahon and her sister Allison hosted an event to raise money for the Denver Kids, an organization with 650 mentors who commit to spending time with at-risk children in the Denver area. With these women's help \$150,000 was raised.

# Alumnae

News



Every spring the Dallas, Texas Junior Night Group invites the Texas Beta seniors to their monthly meeting. This allows the seniors to learn more about becoming involved as Pi Phi alumnae and informs them of great business opportunities in Dallas. Every member of the Junior Night Group is available to be used as a reference as the senior women are given a career notebook to use during their job search.

Arkansas Alpha Katie Garton was named the winner of the 2003 Sophomore Award given by the **St. LOUIS, MISSOURI ALUMNAE CLUB**. The announcement was made April 28 at the Founders' Day luncheon held in the new Pi Beta Phi Headquarters in St. Louis. A silver tray is given to the chapter of the award recipient engraved with her name, and can be on display in the chapter for a year. The award is based on: scholarship; academic major; sorority, campus and civic activities; and special talents. Katie carries a 3.8 GPA with a major in marketing and a minor in Spanish. She is Arkansas Alpha's delegate on New Greek Council, co-chairman of special events, intramurals organizer, head of "Step Show" squad and "Greek Sing," and chapter historian. She also plays the piano during recruitment and she has set up an e-mail listserv for the

chapter to keep up with fast-paced communications. Katie is involved in Campus Crusade for Christ, plays the oboe in the university's symphony orchestra and the University Double Reed Ensemble and volunteers at two local elementary schools.



The Orange County Chapter of Mothers Against Drunk Driving honored Pi Beta Phi's Risk Management Officer Michelle Murrell Willbanks at the 16th Annual Law Enforcement and Prosecutor Recognition Luncheon. Michelle, who is the deputy district attorney in Orange County, California, was one of the recipients of the 2002 Diligent Prosecutor Award. Michelle received the award based on a drinking and driving case that she worked on until the case was bound over to Superior Court.

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The Minneapolis, Minnesota Alumnae Club has made celebrating Arrowmont an annual fall tradition. Each fall, the club members meet to paint pottery. They watch videos about Arrowmont and swap summer stories as they create their works of art.

# Reunions & Anniversaries

Several **ARKANSAS ALPHA** friends from the 1953–57 pledge classes rented a lodge outside of Batesville, Arkansas for a Pi Phi reunion weekend. After a minute or two trying to recognize each other, the women were quick to start catching up on a decade of news.

**OREGON BETA** celebrated the 100th Birthday of Corvallis, Oregon resident and Wyoming Alpha Rowena Caroline Hasbrouck Porter, who was initiated March 1, 1921. At an afternoon tea party the club presented her with a shadow box to hold her Pi Phi badge and those of her Wyoming Alpha sisters. Gladys Hasbrouck was initiated in 1918, and Helen Louise Hasbrouck, was initiated in 1932.

This past January, the **VIRGINIA DELTA** alumnae held a reunion weekend in Norfolk, Virginia. Attendees enjoyed a social on Friday night and a luncheon on Saturday afternoon. The luncheon included a slide show, memorabilia table, and key-note address by the president of Old Dominion University. That evening, the group met at a local restaurant and then went to the ODU men's basketball game at the university's new convocation center.



**Oregon Betas Catherine Bruton Moore, Tami Boatright Allen and Cheri Coffman Southwick enjoyed an Oregon State Beaver football game and visit to the chapter house this past fall.**

## In Her Own Words ...



"We pledged in 1977 at Arkansas Alpha, at the University of Arkansas. At that time, when we were meeting each other for the first time, little did we know, that our relationships with our new sisters would surpass all of our greatest expectations of true friendship.

Who knew? Who knew at that time that we were staring into the faces of some of the most intelligent, insightful and accomplished women? Women who would grow up to be a corporate executive in a Fortune 500 company, or organize the Race for the Cure for an entire metropolitan city, teach the hearing impaired children in a small town with little resources, or raise four children into productive happy human beings.

Who knew that these were going to be the women we turn to when life gets sloppy? Not only during the major trials and tribulations of our lives, such as the birth of a child, the sickness of a family member, or the death of a parent; but also the daily joys and concerns of our day-to-day lives, such as a child's great report card, a stressful cheerleading tryout, or an exciting new job. It's the morning phone call with your first cup of coffee in hand just to check in.

We have affectionately named ourselves "The Ring Ching Fun Girls." We have committed to a yearly weekend retreat, where we look at each other, and only see the sweet 18-year-old faces that met 25 years ago. For this, Pi Beta Phi, we say thank you."

**JACQUE HILL-PTAK**  
**ARKANSAS ALPHA**

"Three summers ago I decided to return to the summer camp, which I attended as a child, to be the camp nurse. I'd been sending my own three daughters to this camp since 1997 and had always wished I could return. The first day I arrived at camp, I sat down at the head table and met the arts and crafts teacher, Illinois Eta Susan Pollock Wormley, also a former camper and mom of two daughters at camp. It didn't take long before we learned we were both Pi Phis and the bond was formed! We have returned to camp every summer since (we let our daughters come, too!). We were so proud when Susan's oldest daughter, Sara, was initiated at Illinois Eta. We all decided to get matching Pi Phi sweatshirts to wear to camp the next summer."

**SHARON RATHER MOORE**  
**NORTH CAROLINA BETA**

# Reunions & Anniversaries



**Nine Wyoming Alphas, who all graduated in 1956, gathered in Tucson, Arizona for a four-day weekend in early February 2003. The nine came from eight states — from Maryland to Oregon. All agreed that the friendships, which started 50 years ago with pledging Pi Phi in Laramie, Wyoming, are priceless! Everyone enjoyed the non-stop laughing, site-seeing in the beautiful Southwest, the wonderful meals, and sharing 50 years of joys and challenges. The group is looking forward to many more reunions.**

Since the age of four, Anne Kemerer and Erin Kirkpatrick Suzuki grew up together in Texas, where their mothers were best friends. By the time they were in high school, Erin had moved to Seattle with her family. While in high school, she lost her mother to breast cancer. At college, Anne pledged Pi Phi at Washington University and Erin pledged Pi Phi at Texas A&M. But in their senior year, Anne relinquished her membership due to financial difficulties. After college Erin moved back to Seattle to live and teach, and in 2001 at the age of 29 she was diagnosed with breast cancer while at the same time, her grandmother died of the disease. Erin had a mastectomy and went through several months of chemotherapy and radiation. By this time, Anne had moved to Seattle to live and work, and, along with other friends and colleagues, was helping Erin. After receiving the Seattle, Washington Alumnae Club's ARROWGRAM, which included an article on reinstatement from a recent

Regional Leadership Retreat, she gave Anne a call. Anne was excited to start on the process of becoming a reinstated member of Pi Beta Phi. In a letter to Grand Vice President of Membership Kay Knittle Brock, Anne wrote, "It is something that will help me feel closer to my life-long friend, and something I can do to actively demonstrate my support and love. I want to attend alumnae events together with her ...."



**A reunion of Illinois Zeta pledge classes from 1972–1976 met in July and spent two days on Lake Shelbyville reminiscing and catching up on each other's lives.**

A historic house in Ashburn, Virginia served as the setting on November 16, 2002 for the five-year anniversary celebration of the POTOMAC FALLS, VIRGINIA ALUMNAE CLUB. The theme of the celebration was "Remember, Reflect and Renew." Members at the potluck luncheon sang Pi Phi songs and read passages about the origins of Pi Phi, its symbols and its objectives. Anniversary angel pins were sold with proceeds supporting the Good Shepherd Alliance homeless shelter and the Loudoun Abused Women's Shelter.



**The Wyoming Alpha pledge class of 1987, plus one member's Pi Phi grandmother, got together for a fun homecoming weekend in Laramie, Wyoming. The group attended the homecoming parade and football game and then enjoyed dinner that evening.**

# Reunions & Anniversaries



**Alabama Alpha alumnae members of the 1962 graduating class gathered to celebrate their 40th Reunion and attend an open house at the Alabama Alpha townhouse.**

A group of ARIZONA BETAS who graduated between 1977 and 1981 reunited in Las Vegas, Nevada in February. This is the second Las Vegas get-together the group has planned. Since graduation, the women have also

enjoyed meeting in Phoenix for football games throughout the years. The women had a fun weekend of shopping and enjoying all Las Vegas has to offer, as well as sharing their favorite Pi Phi memories.



**Fourteen Arizona Alphas, who were initiated in 1952, traveled from Georgia, Texas, Illinois and California to celebrate their Golden Arrow reunion in Tucson, Arizona. The group celebrated on the same weekend they were initiated 50 years ago. The weekend included a Halo Heritage Celebration with the Tucson Alumnae Club, during which members enjoyed participating in the renewal ceremony, a Cookie Shine and a house tour. The group concluded the celebration with dinner at an old favorite Mexican restaurant.**



**East Texas Pi Phi alumnae celebrated Arkansas Alpha Margaret Gerig Martin's 60th Pi Phi anniversary with a luncheon at the Summit Club in Longview, Texas, hosted by her daughter-in-law Arkansas Alpha Helen Sue Thomas Martin.**

**Do you have a reunion or anniversary Pi Phi should know about?**

Send the information to [thearrow@pibetaphi.org](mailto:thearrow@pibetaphi.org) or to Pi Beta Phi Reunions and Anniversaries, 1154 Town & Country Commons Drive, Town & Country, MO 63017. Please feel free to include photos with your submission. Photos can be black and white or color, and we can use snapshots as long as they are clear. We cannot reproduce photocopies (black and white or color) or Polaroid photos. For a group of eight or less, be sure to include the first, maiden and last name of those in the photo.

We look forward to your submission!

# Pi Beta Phi's 2003–04 Graduate Consultants



Sara Alpi  
TGC

**Chapter:** Arizona Alpha, University of Arizona  
**Major:** Psychology  
**Chapter Offices:** Chapter President, Interest Group Leader, Slating Committee  
**Activities:** Blue Chip Leadership Program;

Youth Against Cancer; Dean's List; Vivyan Moeur Award, Outstanding Service at the Arizona Alpha Chapter

*"I have a great passion and love for Pi Beta Phi. I believe in the ideals of the organization and the purpose of the Fraternity. ..."*



Abby Barnes  
RGC —  
California Nu

**Chapter:** Indiana Theta, Valparaiso University  
**Double Major:** Education and public relations  
**Chapter Offices:** Panhellenic Delegate, Chapter President,

Slating Committee President

**Activities:** Recruitment Guide; Order of Omega; Rho Lambda; Up 'Til Dawn International Director; Peer Educator for Office of Alcohol and Drug Education; Residential Assistant; Homecoming Court; Chapter President of the Year Award, Valparaiso University

*"Overall, I have benefited greatly from my involvement in Pi Beta Phi and would be honored to share my constant optimism, knowledge and experiences with other women who are seeking similar experiences."*



Gillian Wilgus  
TGC

**Chapter:** Utah Alpha, University of Utah  
**Major:** Speech and Hearing Science  
**Chapter Offices:** Vice President of Mental Advancement, Recording Secretary  
**Activities:** University Presidential Student

Intern; Volunteer Ute Football Recruiter; Golden Key International Honor Society; Phi Kappa Phi Honor Society; Order of Omega; University of Utah Honors Program; Rho Chi; ASUU Presenter's Office, Festivals Board; Dean's List

*"My undergraduate career at Utah Alpha was one of growth — both as an individual and as a chapter. As a TGC, I hope that my experiences will inspire other undergraduates to strive to make their chapter better than it was when they pledged. Since Pi Phi is a lifelong commitment, I am excited to begin the second stage of serving and learning from an organization that has already taught me so much!"*



Carolyn  
Clements  
TGC

**Chapter:** Virginia Eta, University of Richmond  
**Double Major:** Biology and Psychology  
**Chapter Office:** Chapter President  
**Activities:** Senior

Honors Independent Research; Orientation Adviser; Student Admissions Representative (tour guide); Psi Chi Psychology Honor Society; Beta Beta Beta Biology Honor Society; Mortar Board; Golden Key International Honor Society; Dean's List

*"I am passionate about the values of Pi Phi, I am passionate about the bonds that I have formed with my sisters, and I am passionate about the contributions Pi Phi makes to an individual, a campus, and a community."*



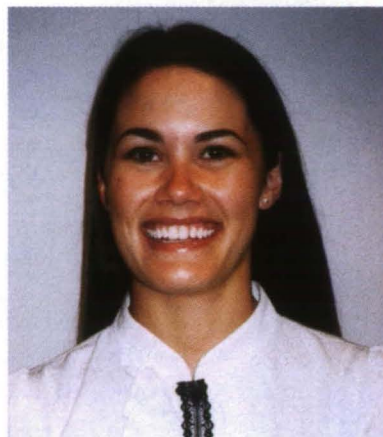
**Strong leadership skills and positive attitudes ... these eight women fit the bill as Pi Beta Phi Graduate Consultants. For the next year these women will serve as ambassadors for the Fraternity. Seven women will be Traveling Graduate Consultants (TGCs), visiting chapters coast to coast. One consultant will be based with a new chapter as a Resident Graduate Consultant (RGC).**



**Abbie Honaker**  
TGC

**Chapter:** Indiana Theta, Valparaiso University  
**Major:** Psychology and Human Relations  
**Chapter Offices:** Chapter President, Chapter Secretary  
**Activities:** Hellenic Representative (campus organization representing both men's and women's Greek organizations); Cheerleader; Executive Board Up 'Til Dawn; Founder Sigma Phi Epsilon/Pi Beta Phi Sportsfest philanthropy

"I can't wait to teach other Pi Phis the love I have for the organization that has given me much of the experiences and skills to be a more successful person throughout my life."



**Christy Hunter**  
TGC

**Chapter:** California Mu, Pepperdine University  
**Major:** International Studies  
**Chapter Offices:** Historian, Interest Group Chairman, Chapter President  
**Activities:** New Student Orientation Counselor, Head Counselor; Project Serve Participant; Dance in Flight; Progressive Pepperdine; Student Leaders Summit; Golden Key International Honor Society; State of the World Conference

"I could not find six values that more mirror my own, than the values of Pi Beta Phi. ... Those are everything that I stand for and everything that I hope to uphold."



**Jessica Najjar**  
TGC

**Chapter:** Alabama Beta, University of Alabama  
**Major:** Communication studies and Political Science  
**Chapter Offices:** Chapter President, Vice President of Social Advancement

**Activities:** Community Service Center, Assistant Director for Administration and Director for Youth Conference on Volunteerism; Student Leaders Council; XXXI Women's Honor Society (top 31 women on campus); Mortar Board; Blue Key Senior Honor Society; Omicron Delta Kappa Senior Honor Society; Order of Omega, President; Golden Key International Honor Society; Dean's List

"Pi Phi has taught me a great deal about my values, my strengths, my weaknesses, who I am and who I want to be. ... I hope to continue to learn and grow with Pi Beta Phi and help other collegians gain as much from Pi Beta Phi as I have."



**Abigail Stewart**  
TGC

**Chapter:** Ohio Eta Denison University  
**Double Major:** Educational Studies and Psychology  
**Chapter Offices:** Vice President of Social Advancement, Interest Group Leader  
**Activities:** Recruitment Counselor; Varsity Lacrosse, Captain; Varsity Field Hockey; Varsity Swim Team; Order of Omega; Psi Chi Psychology Honor Society; Kappa Delta Pi Education Honor Society, Vice President; Dean's List; American Cancer Society Relay for Life, Team Recruitment Chairman

"With what I have learned through my experiences, I wish to offer my support, advice and guidance to other women in Pi Phi."

# National Panhellenic Conference Update

## Scholarship Recipient



Scholarship recipient Eirene Koulouvaris with Grand President Sis Mullis.

Florida Delta Eirene Koulouvaris is a recipient of an NPC Foundation scholarship. The NPC Foundation awards four regional scholarships a year. Eirene was the recipient in the Southeast region scholarship. A member of the Pi Phi Chapter at the University of Florida, Eirene has served Florida Delta as both Chapter President and Vice President of Moral Advancement.



LEFT TO RIGHT: ALABAMA ALPHA Hillary Ballant, Grand President Sis Mullis and Alabama Alpha Jessica Vincent.

"Here is a picture taken recently at the Southeastern Panhellenic Conference in Atlanta, Georgia. We were so excited to meet our Grand President that we jumped in for a picture!"

## Greek Achievement Award



Jean Scott celebrates with colleagues attending the awards banquet.

Pennsylvania Beta Jean Wirths Scott is the 2003 recipient of the Western Regional Greek Association Betty Gilmore Woods Greek Achievement Award.

The Greek Achievement Award recognizes an outstanding fraternity or sorority alumnus who exemplifies Greek ideals, has exhibited leadership and given sustained service to his or her own Greek community as well as to the Western Regional Greek Association.

Jean served on the Pi Beta Phi Grand Council for 12 years, including six as Grand President. During her 12 years on Grand Council, Jean was instrumental in developing programming aimed at maintaining open lines of communication and abolishing hazing. She was essential in the installation of nine additional Pi Phi chapters during her tenure. She has been a delegate to the National Panhellenic Conference since 1985, serving on the Executive Committee from 1991–97. Jean served as Chairman of the Conference in 1995–97 and Chairman of the NPC Public Relations Committee from 1997–2001. She has served as President of the NPC Foundation from 1997–present.

During her term as NPC Chairman, Jean worked to bring NPC and North-American Interfraternity

Conference (NIC) together in the struggle for positive Greek recognition on college campuses. Under her leadership the NPC and NIC executive committees met regularly and two major joint initiatives were instituted to address substance-free housing and needed research regarding the influence of membership. Jean also served on the joint NPC and NIC Values & Ethics Commission.

As President of the NPC Foundation, Jean has worked diligently over the last five years to raise funds for the recently established NPC Foundation; funds that have been and will be used for collegiate scholarships and educational programming.

Jean was a driving force in the establishment of the NPC Foundation's Centennial Endowment in fall 1999 to honor the 100th Anniversary of NPC. This endowment was created with the intention of continuing the support of NPC's educational and leadership programs. Under her leadership and guidance, the Foundation has successfully reached both of its initial goals, which include 100 percent participation from all NPC member groups and the financial goal of \$750,000.

Jean has been contributing to the Greek community for more than 20 years as a volunteer. She has visited more than 100 campuses in the United States and Canada conducting workshops and special programs for undergraduates and alumnae.

As a Greek leader Jean exhibits to Pi Phi, as well as those in the interfraternal world, a deep caring not only for the system itself but those individuals who make up the system. The lives that she has touched across the years have been enriched by knowing and working with her.

# National Panhellenic Conference Update

## Alumnae Panhellenics Who, What, Where & Why

### Who ...

Alumnae Panhellenics are made up of representatives from the 26 National Panhellenic Conference fraternities. If there is an organized Alumnae Club in the Alumnae Panhellenic area, the club selects a delegate and alternate to represent Pi Beta Phi and to attend the APH meetings. In large metropolitan areas where there is more than one club, the policy is as follows: if the APH bylaws allow one vote per NPC fraternity, then Pi Beta Phi would be allowed only one vote. It is the responsibility of the Pi Phi alum clubs to determine which club and delegate is to be the voting representative. In some areas this is done on a yearly rotation system. In areas where there is no organized alumnae group, an individual alumna may join an Alumnae Panhellenic to represent her fraternity with membership privileges as provided in the APH bylaws. In small communities with only a few fraternity alumnae, the APH may be organized as individual voting members.

### What ...

The purpose of an Alumnae Panhellenic is —

- To **inform** fraternity women of current trends
- To **promote** the fraternity system
- To **improve** the Panhellenic image
- To **stimulate** a continuing interest in Panhellenic affairs

Alumnae Panhellenics determine the interests of their members and develop relevant programming. Many

have a fundraiser to provide scholarships and grants to community women — both high school seniors and collegians. This year over \$430,000 was awarded in scholarships to 555 women. Some Alumnae Panhellenics provide local community service and support to a philanthropy of their choice. Alumnae Panhellenics may hold "Recruitment/Rush Information Events" to inform and encourage women to go through recruitment at their college or university. Many Alumnae Panhellenics now have a Web site to inform, promote, improve and stimulate an interest in the Greek experience.

### Where ...

There are 200 Alumnae Panhellenics affiliated with NPC — across the United States, Canada, and the United Kingdom.

There are also some "local" or "city" Alumnae Panhellenics not affiliated with NPC. As Chairman of the NPC Alumnae Panhellenics Committee I am very interested in identifying those APHs who have not joined NPC. NPC has so much to offer and provides many services and resources that truly benefit an APH.

### Why ...

Alumnae Panhellenics can accomplish much in their communities by working together as a larger group of sorority women. If there is an APH in your area, the Pi Phi alumnae organization is expected to belong and to have a representative attending the APH meetings. You have a responsibility to support the APH and the work it does in your community. If you live in an area with no Alumnae Panhellenic, we can help you assess the interest and possibility of starting one. On the NPC

Alumnae Panhellenics Committee there is an Advisor to Prospective Alumnae Panhellenics who will be glad to assist. The APH Committee has 32 Area Advisors who serve much as our APPs do — as a resource and support for their assigned APHs.

For more information about Alumnae Panhellenics, check out the NPC Website: [www.npcwomen.org](http://www.npcwomen.org)

### Carol Inge Warren

NPC Alumnae Panhellenics  
Committee Chairman  
Pi Beta Phi 1st Alternate Delegate to  
NPC



### TENNESSEE BETA MELISSA BROWN

**PATY** is the Nashville, Tennessee Alumnae Club's Greek Woman of the Year, which put her in running for the Nashville Panhellenic Greek Woman of the Year award. As a club member for the past 29 years, Melissa has been an Alumnae Advisory Committee member, club recording secretary, Christmas Village board co-chairman, club vice president, nominating committee member and club president.

# Fraternity

## News & Notes

### ARROW Awards

At the 2003 College Fraternity Editors Association conference, *The ARROW* of Pi Beta Phi won several awards. The awards are: second place feature article content for "We Heal" printed in the Spring 2002 issue; second place in multimedia presentation for the new member CD "Pi Beta Phi Cultivating Sincere Friendship"; third place cover design for the Fall 2002 issue; and third place for overall excellence in magazine production.

### Anniversary Announcements

The Valley of the Moon, California Alumnae Club will celebrate its 50th Anniversary at a winetasting and dinner party August 17, 2003 in the heart of the Sonoma Valley wine country. All former and present club members are encouraged to attend.

Pennsylvania Gamma is celebrating its Centennial Saturday, May 1, 2004 at Dickinson College in Carlisle Pennsylvania. An open house is scheduled for 1-3 p.m. in the chapter's apartment with a reception starting at 5 p.m. in the Holland Union Building on campus. At 6 p.m. dinner will be served in the Social Hall of the Holland Building. For additional information contact Alumnae Advisory Chairman Karen Neely Faryniak at [faryniak@dickinson.edu](mailto:faryniak@dickinson.edu), or at (717) 245-1578.

### AAC Help Wanted

Won't you share two of the greatest gifts you can give Pi Phi ... your time and talent? Collegians benefit greatly from alumnae guidance, support and friendship. Alumnae Advisory Committees at the following chapters are currently looking for additional alumnae support.

Alabama Gamma, Auburn University	North Carolina Gamma, Wake Forest University
California Alpha, Stanford University	Ontario Alpha, University of Toronto
California Beta, University of California, Berkeley	Ontario Beta, University of Western Ontario
California Delta, University of California, Los Angeles	Ontario Gamma, University of Guelph
California Iota, California State University, Chico	Pennsylvania Theta, Villanova University
California Zeta, University of California, Santa Barbara	Pennsylvania Kappa, Lehigh University
Connecticut Beta, Yale University	South Dakota Alpha, University of South Dakota
Florida Delta, University of Florida	Virginia Gamma, College of William & Mary
Illinois Beta-Delta, Knox College	Virginia Delta, Old Dominion University
Illinois Iota, Illinois State University	Virginia Zeta, Virginia Polytechnic Institute & State University
Indiana Delta, Purdue University	Virginia Theta, Washington & Lee University
Maine Alpha, University of Maine	Vermont Beta, University of Vermont
Michigan Epsilon, Western Michigan University	West Virginia Alpha, West Virginia University
Mississippi Alpha, University of Southern Mississippi	Wisconsin Alpha, University of Wisconsin
Missouri Alpha, University of Missouri	
New Jersey Alpha, Princeton University	
New York Alpha, Syracuse University	

To work with one of these chapters, please contact Director of Alumnae Advisory Committees Ruth Neel Noble at [DAAC@pibetaphi.org](mailto:DAAC@pibetaphi.org). Thank you for considering volunteering with one of these great Pi Phi chapters!

#149  
18" Bead  
Chain  
SS \$16.00

Large  
Lavaliers  
#134 SS \$17.50  
#107 10K \$31.00  
(Chain sold separately)

Official Crest Ring  
#158 SS \$99.00  
#157 10K \$195.00

#127  
Angel Band Ring  
w/10K Crest  
\$165.00

#167  
Small  
Heart & Arrow  
Toggle Bracelet  
SS \$22.00

#166  
Large  
Heart & Arrow  
Toggle Bracelet  
SS \$40.00

#116  
18" Rope  
Chain  
GF \$16.50

Large Arrow Charm  
#102 10K \$46.00  
#135 SS \$17.50  
(Chain sold separately)

Arrow Ring  
#141 SS \$80.00  
#123 10K \$155.00

Angel Band Ring  
#120 10K \$210.00  
#121 SS \$99.00

#1A  
President Dangle  
10K \$19.50  
Goldgloss \$10.50

#116  
18" Rope  
Chain  
GF \$16.50

Small Arrow Charm  
#103 10K \$33.00  
#136 SS \$14.00  
(Chain sold separately)

#124  
Swirl Ring w/ Garnets  
SS \$85.00

Pierced Arrow Ring  
#129 SS \$95.00  
#142 10K \$195.00

Arrow Bracelet  
#119 SS \$100.00  
#118 10K \$199.00

#148  
24" Figaro  
Chain  
SS \$20.00

CZ Lavaliers  
#171 SS \$99.00  
(Chain sold separately)

#159  
Taper Band  
Ring  
w/10K Letters  
\$95.00

Mini  
Monogram Ring  
#132 SS \$48.00  
#133 10K \$95.00

#165  
Angel Charm  
SS \$21.00

#160  
Belcher Bracelet  
w/Charm  
SS \$65.00

#161  
Rope Border Charm  
SS \$25.00  
(If purchased separately  
from bracelet)

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# In Memoriam

## Alabama Alpha

ANNE HETRICK POWELL, 1934 affiliated  
North Carolina Beta; December 2002  
ROSALIE PETTUS PRICE, 1931; January 2003

## Alabama Beta

DEBORAH YOUNG JACQUIN, 1955; January 2003

## Alberta Alpha

RUTH PEACOCK GORMAN, 1934; December 2002

## Arizona Alpha

SARA LAVERITY FALLGREN, 1952; December 2002  
ROSEMARY BARDWELL HOWELL, 1943;  
December 2002

KIMBERLY JILL KELLER, 1980 affiliated  
California Gamma; January 2003

MARION MARTIN KETCHUM, 1935; December 2002  
FREDERICA WILDER, 1926; September 2002

## Arkansas Alpha

BETTY THOMPSON DEALY, 1944; February 2003  
GRACE (WINI) CRAWFORD McDONALD, 1941;  
November 2002

ALBERTA SHEARON TAYLOR, 1932; January 2003  
SHIRLEY HAWTHORN WARD, 1944; December 2002

## California Alpha

MELISSA ELGIN ALYANAKIAN, 1979; November 2002

## California Beta

KAREN FRITCHEY PETERSON, 1979; December 2002

## Colorado Alpha

GENEVIEVE PARKERSON BENGEL, 1935;  
October 2002

PAULINE PARKS COOPER NELSON, 1931;  
March 2003

ELLA JOHNSON SCOTT, 1924; January 2003

## Colorado Beta

JANET BRAZILE KNUDSEN, 1944; November 2002

## Colorado Gamma

CAROL "GINGER" POWELL MERELLI, 1955;  
February 2003

## Connecticut Alpha

MARJORIE LEWIS CONDON, 1944; August 2002  
CHARLOTTE BRASH HAMLIN, 1950; April 2002

## D.C. Alpha

DOROTHY ANNE PLOWMAN ALLEN, 1945;  
October 2002

MARY RING YOUNG, 1942; November 2002

## Florida Alpha

HELEN SPAULDING BARTON, 1934; March 2003  
KATHLEEN ALLEN JOHNSON, 1928; February 2003

## Florida Beta

MARTHA ROEBUCK, 1960; January 2003  
JOAN GRIFFIN HENDERSON SATZ, 1953;  
October 2002  
ROSE EVANS SCHOENE, 1936; June 2002

## Florida Gamma

GERTRUDE MUSSELWHITE GROSS, 1940;  
February 2003  
PHYLLIS JONES MCCARTHY, 1933; January 2003

## Georgia Alpha

KATHRYN BOYNTON HARRIS, 1940; January 2003

## Illinois Alpha

SHIRLEY McElROY GRIER, 1942; January 2003

## Illinois Beta

AUDREY ANDERSON CASE, 1925; December 2002

## Illinois Beta-Delta

HARRIET BAXTER DANNER, 1937; May 2002

## Illinois Epsilon

ELEANOR McMILLEN HENDRIX, 1943;  
December 2002

JAN RUTLEDGE KENNEDY, 1948; July 2002  
JANE JONES VAUGHAN, 1930; December 2002  
CAROL KNOX WALKER, 1945; January 2003  
BETTY EIKENBERRY WHILLAKER, 1933; October 2002

## Illinois Zeta

BETH OLWIN DAWSON, 1930; July 2002  
JOY TURNER WILSON, 1931; December 2002

## Illinois Eta

JEAN MORRIS WILLIAMS, 1951; March 2003

## Indiana Alpha

HENRIETTA MILLER TANONIS, 1927; May 2002

## Indiana Beta

PHYLLIS LANDIS BARNHILL, 1937; March 2003  
L. YVONNE AKERS BRANNAN, 1947; December 2002  
RUTH BAUMEISTER LANUM, 1949; June 2002

## Indiana Gamma

JUDITH MAIER DOAN, 1966; January 2003  
ELAINE AUKERMAN HARRISON, 1940; October 2002  
CAROLYN BOOTS STEPHENS, 1960; November 2002  
DOROTHY DEEM TOWNSEND, 1925; January 2003  
WILMA AMBUHL TRUSTY, 1939; December 2002

## Indiana Delta

EMILY BOYD DAVIS, 1929; March 2003  
MARY JEAN LIGHT FORSTER, 1935; March 2002  
MARILYN MUELLER MERRILL, 1943; March 2003  
MARY BEARD PERRY, 1941; January 2003  
CAROLYN SNOKE RIDER, 1943; March 2003  
MADELINE G. RODDICK, 1927; January 2003  
JOANNE LEFLER STEFUCZA, 1946; October 2002

## Indiana Epsilon

JOAN REED DUNLOP, 1949; July 2002  
PATRICIA BRADWAY MORIARITY, 1950;  
November 2002

## Iowa Beta

MARIE BOOTS CLEPPER, 1932; October 2002  
PHYLLIS WILLIAMS PEMBLE, 1935; November 2002

## Iowa Gamma

DONNA BRESSMAN BECKNER, 1943; August 2002  
FRANCES FOSTER DOYLE, 1938; December 2002

## Iowa Zeta

NEALE VAN OOSTERHOUT ASHENFELTER,  
1924; December 2002  
DONNA J. JOHNSON, 1941; September 2002

## Kansas Alpha

BARBARA WINN BARTON, 1942; April 2002

## Kansas Beta

JEAN LAWSON BOTTGER, 1937; February 2003  
DOROTHY LEWIS MOWERY, 1969; November 2002  
ANNE WASHINGTON RANSOM, 1932; May 2002  
GERTRUDE COWDERY VAN AKEN, 1930;  
January 2003  
MARGUERITE CHAFFIN WOOD, 1928; February  
2003

## Kentucky Alpha

MARY FRANCES PIRKEY, 1934; March 2003

## Louisiana Alpha

EMILY MCFARLAND MCCOMISKEY, 1956;  
November 2002  
DULANEY DART MONTGOMERY, 1948; January 2003

## Maine Alpha

SARAH ALLEN CRANDELL, 1964; April 2002

## Manitoba Alpha

ZELMA TYNDALE PRITCHARD, 1934; November 2002

## Maryland Alpha

ALICE PARKIN CUMMINGS, 1937; January 2003

## Michigan Alpha

RUTH MCCARTY HUNTLEY, 1932; January 2002

Due to space limitations, it is a policy of The ARROW to not print obituaries in the magazine. There is one exception, upon the death of a former Grand President. We would love to print small obituaries about each of our members, but unfortunately, there isn't space. The one section in each ARROW devoted to those who have passed away, is our In Memoriam section. Initiation year and month and year of death follow each member's name. When submitting death notices to Headquarters, please send a published announcement such as a newspaper obituary, a funeral card, a listing in a college/university alumnae newsletter, etc. Also acceptable are obituaries from newspaper

Web sites — attach the article and e-mail it to Pat Hook at [pat@piphico.org](mailto:pat@piphico.org).

Names cannot be listed without an announcement.

### Michigan Beta

ALICE CALLENDER HAISLEY, 1925; October 2002  
ANN GROVES ROSS, 1948; January 2003

### Michigan Gamma

ELLEN UDE BATTAGLIA, 1947; October 2002

### Minnesota Alpha

JANET BURLEY WALTER, 1942; August 2002

### Missouri Alpha

HELEN MEREDITH DICKSON, 1924; February 2003

### Missouri Gamma

ELIZABETH CRIPPEN KIRN, 1936; November 2002

### Montana Alpha

BRETA ANDERSON KRAVIK, 1936; January 2003  
NANCY WIEDEMAN OLSON, 1954; May 2002

### Nebraska Beta

VIRGINIA CLEMANS ARMSTRONG, 1937;  
January 2003  
COZETTE WIELAND CRANOR, 1944; November  
2002  
ARLINA "HARTSEY" HARTE, 1953; April 2002  
VIVIAN PRICE SMITH-NEWVILLE, 1931;  
February 2003  
RUTH FOX SOUTHWICK, 1938; December 2002

### New Mexico Alpha

JENNIFER McDONELL-NICHOLS, 1968;  
February 2003

### New York Alpha

JEAN KAMERER PERKINS, 1933; March 2003

### New York Gamma

MARIAN WHITEHEAD COLE, 1931; December 2002

### New York Delta

MARY LATHAM KRUEGER, 1935; January 2003  
DOROTHY WERTZ TYLER, 1927; December 2003

### New York Epsilon

JULIE FREZON, 1995; January 2003

### Ohio Alpha

RAMONA KNERR OTT, 1940; October 2002

### Ohio Beta

MARGUERITE HUDSON DILLEY, 1980; January 2003  
MARY (DOLLY) RADABAUGH HOLTSBERRY,  
1964; August 2002  
CAROLYN COLE JUDY, 1952; September 2002  
VIRGINIA DENBROCK MAIDLOW, 1929;  
November 2002  
ELIZABETH GARNER MARSHALL, 1933;  
November 2002

### Ohio Delta

KATHRYN KIRKPATRICK, 1962; September 2002  
KATHRYN JOHNS STRICKLER, 1931; November 2002

### Ohio Zeta

MARJORIE BEVERLY CHARLTON, 1947;  
December 2002

### Oklahoma Alpha

MARY CHAPMAN DELL, 1927; September 2002  
MILLCENT MARRS STREAM, 1942; March 2003

### Oklahoma Beta

CHRISTINE MCKOWN BOREN, 1935;  
November 2002  
DOROTHY PAYNE CARGILL, 1943; March 2003  
IRENE MABRY OLSON, 1934; November 2002  
BILLIE BURROW PAYNE, 1932; December 2002

### Ontario Alpha

ELIZABETH ARMSTRONG STRATTON, 1933;  
November 2002  
MARY CRAIG TASKER, 1948; March 2003

### Oregon Alpha

MILDRED GILBERT BATESON, 1928; January 2003  
CAROL TATE MORSE, 1951; March 2003

### Oregon Gamma

BERNICE ELGIN ANDERSON, 1944; November 2002  
JERYME UPSTON ENGLISH, 1944; November 2002

### Pennsylvania Beta

HELEN BALLIET JONES, 1939; September 2002

### South Carolina Alpha

VIRGINIA DOLAN BINGHAM, 1949; December 2002

### South Dakota Alpha

BETTY COLLINS COUSINS, 1941; November 2002  
RUTH POWERS HAFNER, 1934; February 2003  
COSEITE EWING HYLDAHL, 1935; November 2002  
JANE SAXTON PAULSON, 1954; September 2002

### Tennessee Alpha

BETTY JOHNSON BOWERS, 1935; March 2003  
CATHERINE PARHAM CALLAWAY, 1933; May 2002  
CONNIE J. DAY, 1962; August 2002  
DOROTHY TRAVIS HENDERSON, 1954;  
November 2002

MARGARET CATLETT PULLEN, 1937; December 2002  
VIRGINIA GASTON REES, 1929; November 2002

### Tennessee Beta

DONNA ROONEY DESJARLAIS, 1947;  
November 2002  
SARA FULLER MILLER, 1952; January 2003

### Tennessee Gamma

MARIAN G. HEARD, 1954; January 2003  
TERI SHEVLIN McCOWN, 1961; November 2002

### Texas Alpha

MARITHA PRESSLEY COLLETT, 1934; October 2002  
JUNE OLCOTT McASHAN, 1942; February 2003  
MELINDA McCLUER MILLER, 1957; August 2002  
ROBERTA HAUGHTON PEW, 1927; January 2003  
MARY ROBINSON WOODWARD, 1945; June 2002

### Texas Beta

FRANCES SPEARS CLOYD, 1927; November 2002  
NANCY DIAL CRISLER, 1961; February 2003  
MARY MARTIN DOUGLASS, 1948; March 2003  
ELIZABETH PIERCE GRAYSON, 1942; March 2003  
WACIL McKNIGHT, 1954; January 2003  
LORRAINE KINDRED WHILDIN, 1939; January 2003

### Texas Gamma

CHARLIE COX CANTRELL, 1954; January 2003

### Texas Zeta

ROBBIE SALTER WILLIAMS MAYS, 1977; May 2002

### Vermont Alpha

LOUISE HENOFRER GRIER, 1939; March 2003  
HELEN JOHNSON KENNEDY, 1955; November 2002

### Vermont Beta

ROBERTA PUCKRIDGE GIES, 1933; February 2003

### Virginia Alpha

MARGARET CROSBY LEIFESTE, 1949 affiliated  
Texas Alpha; January 2003  
SHIRLEY SCOTT OSGOOD, 1938 affiliated Texas  
Alpha; November 2002

### Virginia Gamma

LORI TIPTON, 1970; December 2002

### Washington Alpha

MARGARET COULTER GILBERT, 1929;  
November 2002  
MARY MORSE GRONINGER, 1937; March 2003

### Washington Gamma

PATRICIA CARLSON BABCOCK, 1948;  
November 2002

### West Virginia Alpha

JANICE BOONE SEIBERT, 1935; September 2002

### Wisconsin Alpha

FRANCES BORGERDING SHEEHY, 1947; March 2002

### Wisconsin Beta

SHIRLEY PETERSON WHITE, 1944; December 2002

### Wisconsin Gamma

BARBARA GROFF EBERHART, 1940; November 2002

# Have you moved?

Changed your name?

Parents, has your daughter graduated and established her own permanent address?

If yes, please fill out the form below and send it to Pi Phi Headquarters.

## HAVE YOU MOVED OR CHANGED YOUR NAME?

Help us keep our database updated. Clip this form, place in a stamped envelope and send to: Pi Beta Phi Headquarters, 1154 Town & Country Commons Drive, Town & Country, MO 63017.

Please print changes:

Initiated Name (first/middle/maiden)

Name (first/maiden/last)

New Address

City/State/Zip

Phone Number

E-mail

Chapter and Year of Initiation

If you are an officer in the Fraternity, please give title so that we may update officer lists.

PI BETA PHI FRATERNITY  
1154 Town & Country Commons Drive  
Town & Country, MO 63017

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